

A circular diagram with a central white circle containing the text "Cornell University Mental Health Framework". Surrounding this central circle are seven colored segments, each containing a specific goal or strategy. The segments are: Foster a healthy educational environment (brown), Promote social connectedness and resilience (dark teal), Increase help-seeking behavior (light teal), Identify people in need of care (brown), Provide mental and medical health services (purple), Deliver coordinated crisis management (green), and Restrict access to means of suicide (blue).

**Cornell University  
Mental Health  
Framework**

Foster a  
healthy educational  
environment

Promote  
social connectedness  
and resilience

Increase  
help-seeking  
behavior

Identify  
people in need  
of care

Provide  
mental and medical  
health services

Deliver  
coordinated crisis  
management

Restrict  
access to means  
of suicide

# Mental Health Awareness Framework

**Ying-Ying Zheng**



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