



Reflective Journal on Clinical Issues

Introduction

Nursing is a multifaceted working field in which makes nurses face many challenging issues during their clinical experience. Reflective practice is one of the major tools within the quiver of an experienced nurse which can be used as a powerful weapon against these multiple clinical issues. Reflective practice helps a nurse to learn from experiences through careful evaluation and analysis of incidents so that she can deal with a new similar situation in a better way. This writing discusses 3 clinical issues using Gibb's model of reflective writing and they are, inadequate staffing, misunderstanding of patient symptoms,s and problems associated with telephonic advice, supported by appropriate journal articles.

Inadequate Nurse–Patient Ratio

Staff shortage is one of the major problems faced by many hospitals in India, especially in public hospitals. Being a nurse experienced in India, I have experienced the problems related to this many times. The following is one of those issues. Around five years back, when I was a newly appointed nurse in one of the public hospitals, I was forced to give care for 40 patients alone due to a staff shortage. I was thinking that, if I cannot complete my routine work faster, I won't be able to receive new admissions. Immediately after handing it over, I started checking vital signs beginning from bed no:1. I was in a hurry to complete my work as there was no one else to help me. When I approached the last patient in the ward, I have noticed that the patient looked irritable

Clinical Reflective Journal Examples

Alison Laver Fawcett



Clinical Reflective Journal Examples:

Contexts of Nursing John Daly, 2009 *Contexts of Nursing 3e* builds on the strengths of previous editions and continues to provide nursing students with comprehensive coverage of core ideas and perspectives underpinning the practice of nursing the new edition has been thoroughly revised and updated New material on Cultural Awareness and Contemporary Approaches in Nursing has been introduced to reflect the realities of practice Nursing themes are discussed and are supported by illustrated examples and evidence Each chapter focuses on an area of study within the undergraduate nursing program and the new edition continues its dis

Clinical Reasoning in the Health Professions Joy Higgs, Mark A Jones, Stephen Loftus, PhD, MSc, BDS, Nicole Christensen, 2008-02-14 Clinical reasoning is the foundation of professional clinical practice Totally revised and updated this book continues to provide the essential text on the theoretical basis of clinical reasoning in the health professions and examines strategies for assisting learners scholars and clinicians develop their reasoning expertise key chapters revised and updated nature of clinical reasoning sections have been expanded increase in emphasis on collaborative reasoning core model of clinical reasoning has been revised and updated [Principles of Assessment and Outcome Measurement for Occupational Therapists and Physiotherapists](#) Alison Laver Fawcett, 2013-03-15 This textbook on assessment and outcome measurement is written for both occupational therapy and physiotherapy students and qualified therapists It begins by defining what is meant by assessment outcome evaluation and measurement and discussing the complexity of therapy assessment and measurement including the challenge of measuring human behaviour and the impact of factors such as task demand and context including the environment Methods of data collection e.g. observation interview standardised testing and sources e.g. self report proxy for collecting information about clients are then reviewed and the main purposes of assessment e.g. descriptive evaluative predictive discriminative presented The book then addresses the topics of standardisation levels of measurement reliability validity and clinical utility There is a chapter describing and applying models for categorizing levels of function to aid assessment and measurement The concept of clinical reasoning and reflective practice is then explored Application of principles is supported through detailed case studies and worksheets and the criteria for test critique and guidelines for choosing a particular assessment approach are discussed

Becoming a Reflective Practitioner Christopher Johns, 2009-07-27 From Reviews of the second edition Christopher Johns is an internationally recognised pioneer of reflective practice in nursing and health care The first edition of this book was an excellent resource and this updated version is equally impressive This is a superb resource for nurses and all those eager to enhance their knowledge and skills in reflective practice It is well presented user friendly and stimulating

Nursing Standard *Becoming a Reflective Practitioner* is a practical guide to using reflection in every day clinical practice It explores the value of using models of reflection with particular reference to Christopher Johns own model for structured reflection *Becoming a Reflective Practitioner* includes accounts of everyday practice to guide the reader through the stages

of reflective practice within the context of care desirable practice and the caring relationship This third edition reflects significant developments in reflective theory and gives greater attention to different approaches to reflection including the use of narrative dialogue New chapters are included on ensuring quality and managing conflict Exemplars are included throughout and further references and reflected reading are included at the end of each chapter Reflective practice is acknowledged as an effective approach to developing nursing care which evolves as the practitioner develops his or her own practice This book will therefore be of interest to all nurses involved in developing their clinical practice A practical guide to developing reflective practice Reflects significant developments in reflective theory Examines Christopher Johns own model for structured reflection Centred on care and the caring relationship Challenges practitioners to question their practice

Tabbner's Nursing Care Gabby Koutoukidis, Jodie Hughson, 2012-10 This text covers a wide range of issues surrounding nursing midwifery and health visiting The topics it covers are the structure and functions of the human body nursing care and nursing needs care of the individual with a body system disorder and special aspects of nursing care This edition written for Australia and NZ students

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Using Occupational Therapy Theory in Practice Gail Boniface, Alison Seymour, 2012-03-26 Competence in any profession depends upon an understanding of the theory that underlies it This concise and practical text for students and practitioners bridges the gap between occupational therapy theory and clinical practice offering highly practical advice on using theory in practice in a wide range of settings It considers the nature of professional practice and the need for a sound theoretical basis from which to plan implement and justify interventions and

investigates the practical use of occupational therapy theory and the issues such use raises in health and social care settings from a European perspective Every occupational therapy student worldwide needs to know about the underlying theory of their profession and its application to practice The book particularly debates the nature of the theory of occupational therapy via the introduction of the concept of models of the profession as an umbrella for practice all of which is brought to life via case studies incorporating expert advice reflection exercises and assessment and evaluation forms

Clinical Reasoning in the Health Professions E-Book Joy Higgs, Mark A Jones, Stephen Loftus, Nicole Christensen, 2008-02-18 Clinical reasoning is the foundation of professional clinical practice Totally revised and updated this book continues to provide the essential text on the theoretical basis of clinical reasoning in the health professions and examines strategies for assisting learners scholars and clinicians develop their reasoning expertise key chapters revised and updated nature of clinical reasoning sections have been expanded increase in emphasis on collaborative reasoning core model of clinical reasoning has been revised and updated

The Journal of Alternative and Complementary Medicine ,2003 [The Australian Journal of Advanced Nursing](#) ,1998 [Study Skills for Nurses](#) Elizabeth Mason-Whitehead, Elizabeth Whitehead, Tom Mason, 2003-04-21 Essay writing doing assignments and passing exams can seem the most challenging aspects of a course This book shows student nurses how to develop good techniques for learning and writing for stress free studying

Current Index to Journals in Education ,2001 [Alcohol Problem-solving](#) Jeanette Laird Measures, 2004 **The Journal of Professional Legal Education** ,1995 **University of Arkansas at Little Rock Law Review** ,2013

Nursing Times, Nursing Mirror ,2009 **Core Concepts in Advanced Practice Nursing** Denise L. Robinson, Cheryl Pope Kish, 2001 Developed specifically for masters level nursing courses this information packed text addresses nearly all core content subjects of the graduate curriculum It contains information on health care policy organization of the health care delivery system health care financing ethics professional role development theoretical foundations of nursing practice human diversity and social issues and health promotion and disease prevention Written by experts each chapter includes an overview of the topic definitions of relevant terms review and history of the literature critical issues priorities for research future directions implications for advanced practice nursing critical thinking activities and suggestions for further learning

Canadian Medical Association Journal Canadian Medical Association, 1928 **The Virginia Journal** ,2000

[Interpersonal Relationships](#) Elizabeth Arnold, Kathleen Underman Boggs, 1999 [Interpersonal Relationships Professional Communication Skills for Nurses](#) It offers you a variety of concrete ways to interact more effectively with clients families and professional colleagues using a synthesis of proven communication strategies and principles drawn from nursing psychology and other related theoretical frameworks

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Table of Contents Clinical Reflective Journal Examples

1. Understanding the eBook Clinical Reflective Journal Examples
 - The Rise of Digital Reading Clinical Reflective Journal Examples
 - Advantages of eBooks Over Traditional Books
2. Identifying Clinical Reflective Journal Examples
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in a Clinical Reflective Journal Examples
 - User-Friendly Interface
4. Exploring eBook Recommendations from Clinical Reflective Journal Examples
 - Personalized Recommendations
 - Clinical Reflective Journal Examples User Reviews and Ratings

- Clinical Reflective Journal Examples and Bestseller Lists
- 5. Accessing Clinical Reflective Journal Examples Free and Paid eBooks
 - Clinical Reflective Journal Examples Public Domain eBooks
 - Clinical Reflective Journal Examples eBook Subscription Services
 - Clinical Reflective Journal Examples Budget-Friendly Options
- 6. Navigating Clinical Reflective Journal Examples eBook Formats
 - ePub, PDF, MOBI, and More
 - Clinical Reflective Journal Examples Compatibility with Devices
 - Clinical Reflective Journal Examples Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Clinical Reflective Journal Examples
 - Highlighting and Note-Taking Clinical Reflective Journal Examples
 - Interactive Elements Clinical Reflective Journal Examples
- 8. Staying Engaged with Clinical Reflective Journal Examples
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Clinical Reflective Journal Examples
- 9. Balancing eBooks and Physical Books Clinical Reflective Journal Examples
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Clinical Reflective Journal Examples
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Clinical Reflective Journal Examples
 - Setting Reading Goals Clinical Reflective Journal Examples
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Clinical Reflective Journal Examples
 - Fact-Checking eBook Content of Clinical Reflective Journal Examples
 - Distinguishing Credible Sources

13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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