

Physiology Lecture (12) Notes ENDOCRINOLOGY: Introduction to the Endocrine System;

Endocrine System;

- > One of the two communication systems of the body, the other being the nervous system.
- > The endocrine system operates through chemical messengers or hormones which circulate in the blood to target organs.
- > Hormones co-ordinate the minute to minute and day to day functions of the various tissues of the animal
- > Hormones help regulate such diverse activities such as
 - Growth and development of physical, sexual and mental characteristics
 - Utilization of nutrients by the cells
 - Adjustments of salt and water balance
 - Metabolic rate
 - Dealing with stress



Principal Endocrine Glands;

- > The principal endocrine organs are ;
 - The pituitary
 - The Thyroid
 - Parathyroid
 - Adrenals
 - Gonads (Ovaries/Testes)
- > Other organs such as the islets of Langerhans, heart, Gastrointestinal tract, brain and kidney also secrete hormones
- > **Definitions;**
 - **Endocrine Cells;** Secrete hormones into a blood vessel and hormone transported to target cells
 - **Paracrine cells;** Secrete hormones which act on neighboring cells
 - **Autocrine cells;** secrete hormones which act on the same cell
 - **Neuroendocrine cells;** Secrete hormones from neural axon terminals straight into blood stream

Tissue	Hormone	FUNCTION
Pancreas	Insulin, glucagon	Glucose Metabolism
Kidneys	Renin Erythropoietin Vitamin D3	Blood pressure (BP) Red cell production. Plasma Calcium
Liver	Insulin-like Growth Factors (IGF-I and IGF-II)	Growth
Heart	Atrial Natriuretic factor (ANF)	Na excretion by kidneys
Fat cells	Lepin (discovered 1994)	Regulates appetite
Gastro-Intestinal Tract	Gastrin Secretin Cholecystokinin	Digestive Processes

Hormones

Lecture Notes On Endocrinology

N Colangelo



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Table of Contents Lecture Notes On Endocrinology

1. Understanding the eBook Lecture Notes On Endocrinology
 - The Rise of Digital Reading Lecture Notes On Endocrinology
 - Advantages of eBooks Over Traditional Books
2. Identifying Lecture Notes On Endocrinology
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Lecture Notes On Endocrinology
 - User-Friendly Interface
4. Exploring eBook Recommendations from Lecture Notes On Endocrinology
 - Personalized Recommendations
 - Lecture Notes On Endocrinology User Reviews and Ratings
 - Lecture Notes On Endocrinology and Bestseller Lists
5. Accessing Lecture Notes On Endocrinology Free and Paid eBooks

- Lecture Notes On Endocrinology Public Domain eBooks
 - Lecture Notes On Endocrinology eBook Subscription Services
 - Lecture Notes On Endocrinology Budget-Friendly Options
6. Navigating Lecture Notes On Endocrinology eBook Formats
 - ePub, PDF, MOBI, and More
 - Lecture Notes On Endocrinology Compatibility with Devices
 - Lecture Notes On Endocrinology Enhanced eBook Features
 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Lecture Notes On Endocrinology
 - Highlighting and Note-Taking Lecture Notes On Endocrinology
 - Interactive Elements Lecture Notes On Endocrinology
 8. Staying Engaged with Lecture Notes On Endocrinology
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Lecture Notes On Endocrinology
 9. Balancing eBooks and Physical Books Lecture Notes On Endocrinology
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Lecture Notes On Endocrinology
 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
 11. Cultivating a Reading Routine Lecture Notes On Endocrinology
 - Setting Reading Goals Lecture Notes On Endocrinology
 - Carving Out Dedicated Reading Time
 12. Sourcing Reliable Information of Lecture Notes On Endocrinology
 - Fact-Checking eBook Content of Lecture Notes On Endocrinology
 - Distinguishing Credible Sources
 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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