

1. Self-awareness: When people know what they're feeling at a particular time and understand how their moods affect others.

2. Self-regulation: When people can control how they respond to their emotions. They consider possible consequences before acting on impulse.

3. Motivation: When people can accomplish goals in spite of negative or distracting feelings they may be having.

Emotional Intelligence



4. Empathy: When people can understand how others feel.

5. Social skills: When people can manage relationships. They know what kind of behaviors get a positive response from others.

Fan Favorite Emotional Intelligence For Kids

J Elliott



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a manta ray the reef manta ray which is the smallest can reach 5 5m 18ft in length a giant oceanic manta ray s wingspan can
reach 7m 23ft in other words it is a huge animal

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they love open water while stingrays prefer digging through the sandy sea bottom manta rays love to cruise the open oceans
in tropical and sub tropical areas and only get close to the sea bed to get cleaned
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features massive ray with a triangular shape cavernous mouth and paddle shaped lobes in front of its mouth average size 7
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unlike their sting ray cousins they do not have a stinger and really don t have any way of hurting you they do have around
300 tiny teeth but they certainly aren t sharp enough to penetrate your skin

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predators don t fret though because manta rays don t actually pose any threat to humans let s quell some of those
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executive chairs and four guest chairs urgently if you want the approval of your quotation please add this sentence or remove it quotations and purchase order is attached see more

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