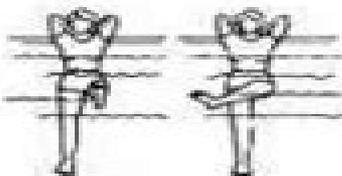


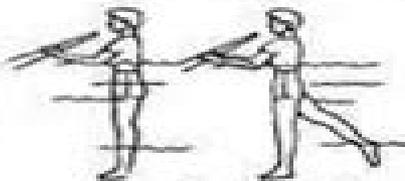
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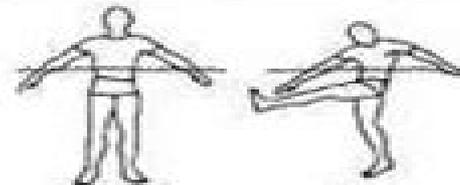
Side Leg Raises



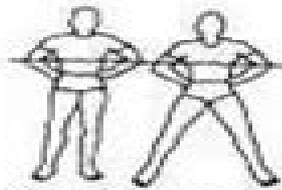
Leg Overs



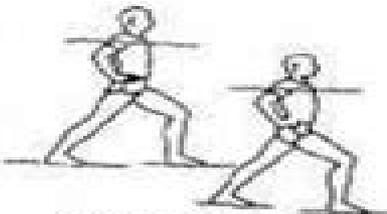
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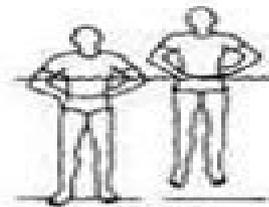
Alternate Toe Touch



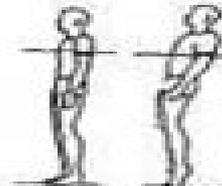
Side Straddle Hop



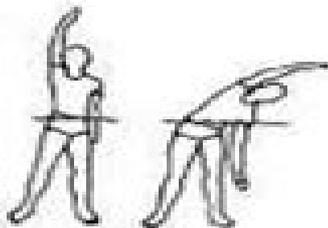
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Bounce



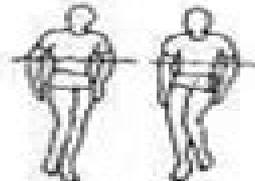
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Side Bender



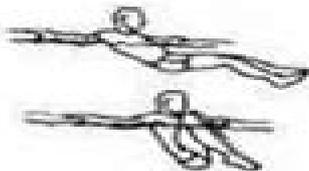
Walking Crawl



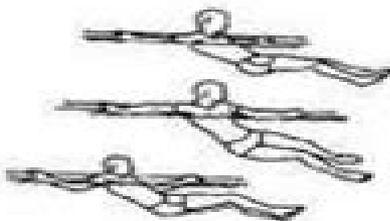
Bounding



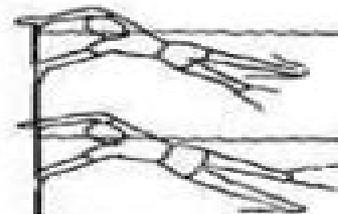
Bounding in Place



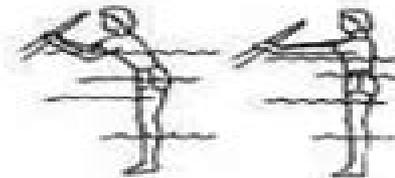
Poolside Knees Up, Supine



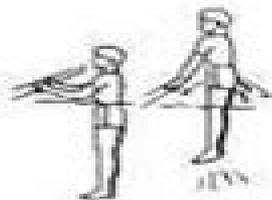
Twisting Legs Supine



Scissors Kick



Push Away



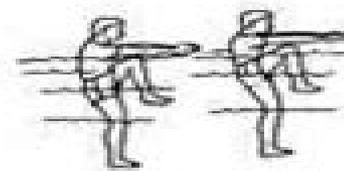
Gutter Push Ups



Front Flutter Kick



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The Engine

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