

DISCHARGE INSTRUCTIONS FOR MEDICAL ABORTIONS

You have chosen to end your pregnancy using medication; this type of abortion is called a **medical abortion**. Please read these instructions carefully, they give you an overview of your abortion process, answer common questions and give instructions on when to call our **24-hour Hotline (800) 877-6331**. This sheet also tells you about effective ways to make yourself more comfortable during the abortion process.

THE 3 STEPS OF YOUR ABORTION

1. **THE FIRST PILL in the office-** The pill you were given in the office was called MIFEPREX. After taking this pill, you may have:
 - Pain in your abdomen (stomach) or cramps in your uterus
 - Nausea and vomiting (feel sick or throw-up)
 - Headache
 - Feel tired or dizzy
 - Diarrhea
 - Vaginal bleeding

These things are all **NORMAL**. You also may **not feel** any of these things and that is **NORMAL** too.

2. **THE SECOND PILLS at home-** You were given 4 pills to take at home 24-72 hours after your first pills, these pills are called MISOPROSTOL. These pills go between your cheek and your gum where they will dissolve. After taking these pills you may have:
 - Pain in your abdomen (stomach) or cramps in your uterus
 - Nausea and vomiting (feel sick or throw-up)
 - Headache
 - Feel tired or dizzy
 - Diarrhea
 - Vaginal bleeding

Again, these things can all be **NORMAL**. The pain you feel may be very bad and the bleeding might be very heavy. The reason for the strong pain and heavy bleeding is because you are passing the pregnancy out of your body.

3. **YOUR FOLLOW-UP VISIT at the office-** This visit is **VERY** important. This visit is approximately 2 weeks after your first visit. You must come to the office for this visit so that the doctor can make sure your abortion was successful and that you are not pregnant anymore.

WHAT IS NOT NORMAL? WHEN SHOULD I CALL?

- If you have a **fever of 100.4 or higher**, call!
- If you have **abdominal pain or cramps** in your uterus that **don't go away with the pain medicine you were given**, call!
- If you have heavy bleeding, **soaking through 2 thick full size pads, for two hours in a row**, call!

Abortion Discharge Paperwork

JR Anderson



Abortion Discharge Paperwork:

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