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**AMETHYST**  
Stress relief,  
protection, disperses  
negative energies



**CLEAR QUARTZ**  
Healing, clarity  
creativity



**OPAL**  
Wealth, luck,  
protection from  
negative energies



**ROSE QUARTZ**  
Love, harmony  
peace



**CHALCEDONY**  
Stability, harmony  
dreams



**SELENITE**  
Remove negative  
energies  
cleans the aura  
concentration



**LABRADORITE**  
Improves strength  
of will, intellect  
intuition  
and inner worth



**FLUORITE**  
Improves strength  
of will, intellect  
intuition and  
inner worth



**CHRYSOCOLLA**  
Kindness-  
expression  
comfort in hard times.



**TURQUOISE**  
Inner calm  
grounding, clarity



**AZURITE**  
Insight, intellect  
wisdom  
communication



**AMAZONITE**  
Calming  
soothing  
balance



**MALACHITE**  
manifestation,  
change  
empowering  
oneself



**FLAME AURA**  
Energy  
excitement  
motivation



**PYRITE**  
Wealth  
confidence  
vitality, luck



**AQUAMARINE**  
Courage  
creativity  
clarity



**ABALONE**  
Healing  
soothing  
helps in  
emotional times



**SODALITE**  
Rationality  
truth, intuition



**CELESTITE**  
Calming  
uplifting  
balancing



**MOONSTONE**  
Intuition  
dreams  
energy, passion



**ONYX**  
strength  
self-control  
stamina



**JADE**  
Luck,  
harmony  
prosperity



**LAPIS LAZULI**  
Wisdom  
intuition  
clarity



**LAVA STONE**  
Strength,  
courage  
grounding



**OBSIDIAN**  
Protection  
positivity  
clarity



**SAPPHIRE**  
Calming  
purity  
wisdom



**SUNSTONE**  
Happiness  
courage  
wellbeing



**TIGER'S EYE**  
Protection,  
personal power  
determination



**CITRINE**  
Confidence  
happiness  
strength



**AMBER**  
Emotional healing  
protection  
calm



**JASPER**  
balance  
healing  
grounding



**RUBY**  
Passion  
love, strength



**AGATE**  
Stability  
harmony  
self confidence



**GARNET**  
Manifestation  
healing  
self-worth



**PERIDOT**  
Harmony  
growth, renewal



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Hope  
strength  
confidence



**APATITE**  
Uplifting  
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personal  
growth, peace



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**EMERALD**  
luck  
harmony  
devotion



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Healing depression  
anxiety  
stress and worries



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**SMOKY QUARTZ**  
stabilizing  
grounding  
helps overcome  
negative emotions



**HEMATITE**  
grounding  
practicality  
courage

# Gemstone Healing Guide

**S Marginson**



## **Gemstone Healing Guide:**

## Decoding **Gemstone Healing Guide**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Gemstone Healing Guide**," a mesmerizing literary creation penned with a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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