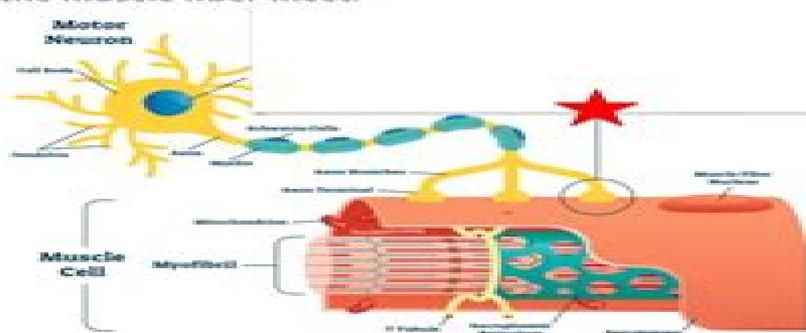


# Quiz & Worksheet - Muscle Contraction & Relaxation

1. What is the name of the structure indicated by the red star? This is the location where the motor neuron and the muscle fiber meet.



- a. neuromotor impulse
- b. myofibril connection
- c. neuromuscular synapse
- d. neuromuscular junction

2. What structure is indicated by the star where the thick filaments (myosin) attach to the thin filaments?



- a. M line
- b. Z line
- c. T line
- d. H line

3. What is the name of the structure that is the functional contractile unit of muscle fibers?

- a. sarcolemma
- b. sarcoplasm
- c. sarcoplasmic retinaculum
- d. sarcomere

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**Jicheng Xie**



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