

**<Project Name> - SDM Training Plan**  
 Last Update: <Insert Date>

**Timeline**

<Include a timeline of the phases, tasks, and timeframe in which to prepare and perform all of the steps necessary to train users and/or stakeholders of the application. The table on the following page is provided as an example.>

**Training Process Timeline**

<b>Training Phase</b>	<b>Task</b>	<b>Timeframe</b>
<b>Data Collection and Analysis</b>	Define roles and related activities	Complete
	Identify audience group	Complete
	Identify the total number of trainees training	Complete
<b>Design (most design activities completed during Pilot)</b>	Identify Subject Matter Experts (SME)	Complete
	Group tasks based on assessment/role breakdown	Complete
	Validate Course Outlines and Course Duration with SMEs	Complete
	Identify course goals	Complete
	Configure the Learning Management System (LMS) to support statewide implementation	June - July 2016
	Incorporate design changes based on Pilot feedback	June - July 2016
<b>Development</b>	Identify content developers, SMEs and instructors	May – July 2016
	Create learning objectives	Complete
	Finalize delivery method	Complete
	Update/Develop content for each course	June – October 2016
	Validate Content	June – October 2016
	Project Management review of materials	June – October 2016
	Pilot course materials	October 2016
	Final revisions on course materials	October 2016

# Training Program Design Template Guide Sample

**Carolyn Nilson**



## **Training Program Design Template Guide Sample:**

**Functional Strength Training for Physical Education** Nate VanKouwenberg, 2024-04-18 Functional Strength Training for Physical Education is an easy to follow guide for PE teachers and coaches working with middle and high school students It outlines the benefits of functional strength training and how to develop a program that will give all students skills for their lifetime

[Designing Resistance Training Programs, 4E](#) Fleck, Steven J., Kraemer, William, 2014-02-14 In this text two of the world s leading experts on strength training explore how to design scientifically based resistance training programs modify and adapt programs to meet the needs of special populations and apply the elements of program design in the real world

**Rapid Instructional Design** George M. Piskurich, 2015-01-20 The classic guide to instructional design fully updated for the new ways we learn Rapid Instructional Design is the industry standard guide to creating effective instructional materials providing no nonsense practicality rather than theory driven text Beginning with a look at what instructional design really means readers are guided step by step through the ADDIE model to explore techniques for analysis design development intervention and evaluation This new third edition has been updated to cover new applications technologies and concepts and includes many new templates real life examples and additional instructor materials

Instruction delivery has expanded rapidly in the nine years since the second edition s publication and this update covers all the major advances in the field The major instructional models are expanded to apply to e learning MOOCs mobile learning and social network based learning Informal learning and communities of practice are examined as well Instructional design is the systematic process by which instructional materials are designed developed and delivered Designers must determine the learner s current state and needs define the end goals of the instruction and create an intervention to assist in the transition This book is a complete guide to the process helping readers design efficient effective materials Learn the ins and outs of the ADDIE model Discover shortcuts for rapid design Design for e learning Millennials and MOOCs Investigate methods for emerging avenues of instruction This book does exactly what a well designed course should do providing relevant guidance for anyone who wants to know how to apply good instructional design Eminently practical and fully up to date Rapid Instructional Design is the one stop guide to more effective instruction

*Program Design for Older Adults* IDEA Health & Fitness, 2001

**ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription** American College of Sports Medicine, Jeffrey L. Roitman, 2001 This complementary book to ACSM s Guidelines for Exercise Testing and Prescription elaborates on the Knowledge Skills and Abilities KSAs you need to study for any of the American College of Sports Medicine certification exams It also serves as a valuable professional resource behind the Guidelines New content includes updated research throughout and a reorganization of the KSAs to correspond with the sixth edition of ACSM s Guidelines Significantly revised chapters include Epidemiology of Physical Activity Physical Fitness and Selected Chronic Diseases Diet and Chronic Disease Medical and Invasive Interventions in the Management of Coronary Artery Disease

Comprehensive Cardiovascular Risk Reduction in Patients with Coronary Artery Disease Smoking Cessation Policies and Procedures for Clinical Programs Both the clinical and health fitness tracks are covered in an attractive design that highlights the KSAs for each level of certification The book features both theoretical and practical physiological concepts and relates the examples to exercise testing training and programming thus providing a complete perspective on clinical exercise physiology and fitness A Brandon Hill recommended title Tabletop and Full-scale Emergency Exercises for General Aviation, Non-hub, and Small Hub Airports James Fielding Smith, Ricardo E. Garcia, John M. Sawyer (Transportation consultant), Kimberly A. Kenville, 2016 ACRP Synthesis 72 Tabletop and Full Scale Emergency Exercises for General Aviation Non Hub and Small Hub Airports provides small airports with the tools and practices needed to practice emergency response The report provides sample exercise tools and plans a checklist of effective practices for tabletop and full scale emergency exercises and a road map for developing an effective exercise program Publisher's description **Handbook of IS Management**, 1995 The Manager's Guide to Distribution Channels Linda Gorchels, Edward J. Marien, Chuck West, 2004-05-22 Channel management has become one of the most important components of a firm's competitive strategy with mistakes often costing companies millions and channel managers their careers The Manager's Guide to Distribution Channels provides managers and decision makers with proven tools and go to market strategies for refining channel strategies and managing distribution relationships Self assessment tools combine with realworld cases and examples to give managers a nontheoretical balanced blend of thought provoking insights and hands on tactics **Microcomputer Software Buyer's Guide** Tony Webster, Richard Champion, 1984 Details the Top Ten Selling Programs in Several Categories Including Spreadsheets Word Processors Data Base Management **Systems Acquisition Manager's Guide for the Use of Models and Simulations** Lalit K. Piplani, 1994 **Live and Online!** Jennifer Hofmann, 2004-02-26 This book suggests tips for the virtual classroom ways for trainers to communicate and for students to behave when body language and eye contact are eliminated The successful online program starts with valid content and instructional design Next there must be participant motivation opportunities to collaborate and interact usable technology and an active trainer A CD Rom contains sample exercises for using whiteboards chats breakout rooms application sharing and synchronous web browsing appendices include a design checklist sample leader and participant guides vendor list and glossary Journal of Interactive Instruction Development, 1998 **Facility Design and Management Handbook** Eric Teicholz, 2001-02-14 CD ROM contains Sample documents Standards Forms Web links References **Proceedings**, 1999 **The Software Encyclopedia 2001**, 2001 **Training and Development Yearbook, 2000** Carolyn Nilson, 2000 This comprehensive guide to current training literature and resources is now in its sixth edition It features the best full length articles from leading publications plus abstracts of hundreds of other articles all thoroughly indexed for easy retrieval and use **Archives of Pathology & Laboratory Medicine**, 2008 *Sport Aviation*, 1989 The Journal for Quality and Participation, 2003 Java Report

,1996

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