

# CLASSIC SANDWICHES

NUTRITION FOR FOOTLONG (CUT ALL VALUES IN HALF FOR 6")



## Black Forest Ham

560 Calories  
8g Fat  
84g Carbs  
40g Protein



## Cold Cut Combo

640 Calories  
20g Fat  
82g Carbs  
34g Protein



## B.L.T.

740 Calories  
30g Fat  
80g Carbs  
36g Protein



## Italian B.M.T.

800 Calories  
32g Fat  
86g Carbs  
38g Protein



## Grilled Chicken

580 Calories  
8g Fat  
80g Carbs  
54g Protein



## Buffalo Chicken

760 Calories  
24g Fat  
84g Carbs  
50g Protein



## Oven-Roasted Turkey

540 Calories  
8g Fat  
80g Carbs  
44g Protein



## Turkey & Ham

560 Calories  
8g Fat  
82g Carbs  
42g Protein



## Pizza Sub

920 Calories  
48g Fat  
88g Carbs  
36g Protein



## Roast Beef

620 Calories  
10g Fat  
84g Carbs  
50g Protein



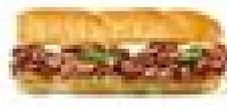
## Rotisserie Chicken

620 Calories  
12g Fat  
80g Carbs  
50g Protein



## Spicy Italian

940 Calories  
48g Fat  
84g Carbs  
38g Protein



## Steak & Cheese

720 Calories  
20g Fat  
80g Carbs  
52g Protein



## Chicken Teriyaki

700 Calories  
8g Fat  
110g Carbs  
52g Protein



## Tuna

940 Calories  
50g Fat  
80g Carbs  
40g Protein



## Meatball Marinara

880 Calories  
36g Fat  
100g Carbs  
40g Protein



## Veggie Delite

420 Calories  
6g Fat  
78g Carbs  
20g Protein



## Veggie Patty

780 Calories  
22g Fat  
112g Carbs  
32g Protein

# Subway Menu

**C Cleary**



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## **Table of Contents Subway Menu**

1. Understanding the eBook Subway Menu
  - The Rise of Digital Reading Subway Menu
  - Advantages of eBooks Over Traditional Books
2. Identifying Subway Menu
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Subway Menu
  - User-Friendly Interface
4. Exploring eBook Recommendations from Subway Menu
  - Personalized Recommendations
  - Subway Menu User Reviews and Ratings

- Subway Menu and Bestseller Lists
- 5. Accessing Subway Menu Free and Paid eBooks
  - Subway Menu Public Domain eBooks
  - Subway Menu eBook Subscription Services
  - Subway Menu Budget-Friendly Options
- 6. Navigating Subway Menu eBook Formats
  - ePub, PDF, MOBI, and More
  - Subway Menu Compatibility with Devices
  - Subway Menu Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Subway Menu
  - Highlighting and Note-Taking Subway Menu
  - Interactive Elements Subway Menu
- 8. Staying Engaged with Subway Menu
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Subway Menu
- 9. Balancing eBooks and Physical Books Subway Menu
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Subway Menu
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Subway Menu
  - Setting Reading Goals Subway Menu
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Subway Menu
  - Fact-Checking eBook Content of Subway Menu
  - Distinguishing Credible Sources

13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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