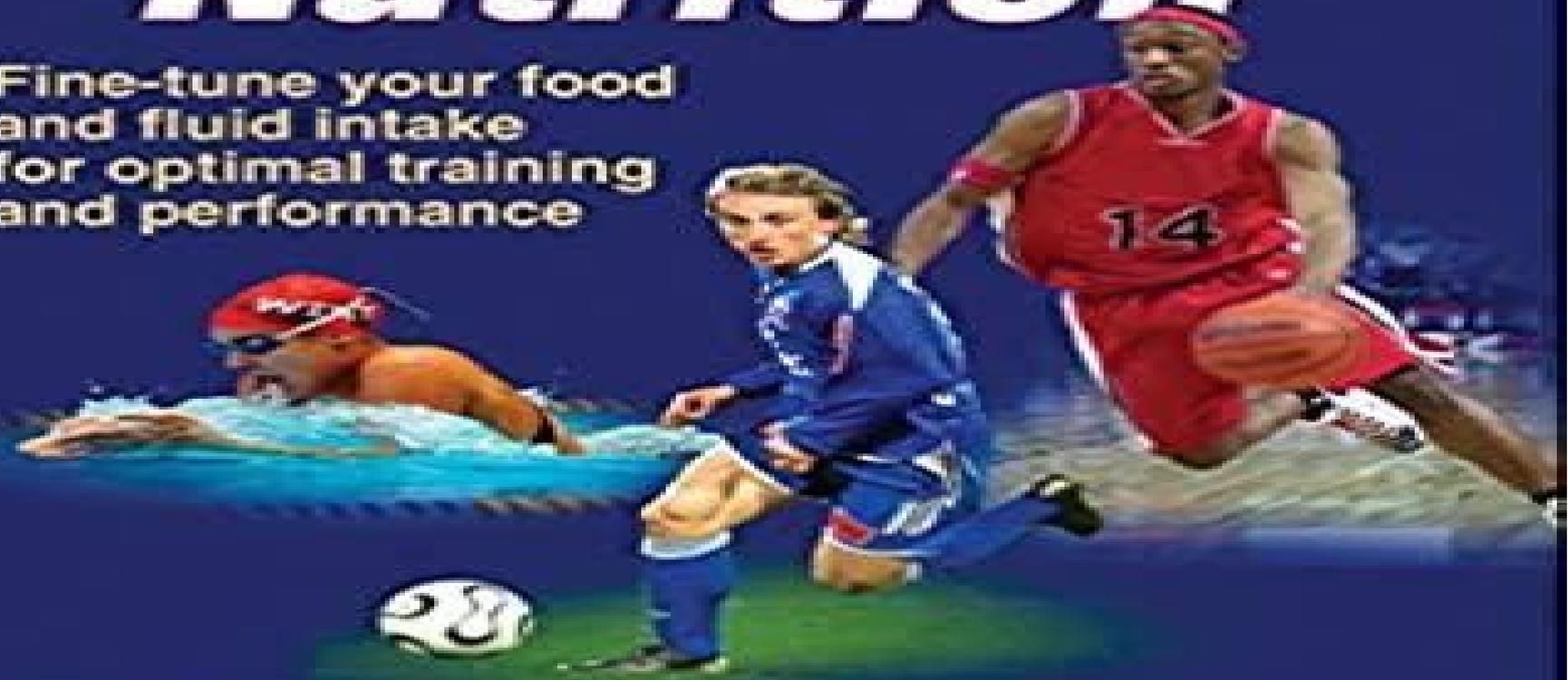


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and performance



Dan Benardot, PhD, RD, FACSM

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