

*Making Everything Easier!™*

# *Speed Reading*

## FOR DUMMIES®

### *Learn to:*

- Increase your reading speed and comprehension
- Use speed techniques for any type of reading material
- Improve your silent reading skills
- Recall more of what you read

**Richard Sutz**

*Founder and CEO, The Literacy Company*

**with Peter Weverka**



# Speed Reading For Dummies

**Jeannie Lambert**



## **Speed Reading For Dummies:**

Speed Reading For Dummies Richard Sutz, 2009-08-03 Learn to Increase your reading speed and comprehension Use speed techniques for any type of reading material Improve your silent reading skills Recall more of what you read The fun and easy way to become a more efficient effective reader Want to read faster and recall more of what you read This practical hands on guide gives you the techniques you need to increase your reading speed and retention whether you re reading books e mails magazines or even technical journals You ll find reading aids and plenty of exercises to help you read faster and better comprehend the text Yes you can speed read discover the skills you need to read quickly and effectively break your bad reading habits and take in more text at a glance Focus on the fundamentals widen your vision span and see how to increase your comprehension retention and recall Advance your speed reading skills read blocks of text heighten your concentration and follow an author s thought patterns Zero in on key points skim scan and pre-read to quickly locate the information you want Expand your vocabulary recognize the most common words and phrases to help you move through the text more quickly Open the book and find Tried and true techniques from The Reader s Edge program How to assess your current reading level Tools and exercises to improve your reading skills Speed reading fundamentals you must know Helpful lists of prefixes suffixes roots and prime words A speed reading progress worksheet Exercises for eye health and expanded reading vision Tips for making your speed reading skills permanent

**Speed Reading** Daniel Morson, 2016-02-12 Learn The Best Speed Reading Techniques Super Fast Today only get this Amazon bestseller for just 2 99 Regularly priced at 7 99 Read on your PC Mac smart phone tablet or Kindle device You re about to discover the best speed reading techniques that will increase your reading speed allow you to process more information and will help you to become extremely productive in life For many people reading quickly and having the ability to fully understand the information they are learning is something they feel they are severely lacking This is an unfortunate thing because learning how to read faster is not a very difficult task at all if you have the proper information But don t worry after reading this book everything will change In this book I am going to take you by the hand and show you step by step how you can begin to read faster in a very short period of time I have noticed many time s that peoples ability to read quickly is sheltered because of faulty techniques Thankfully this is a good thing because I have the perfect solution for you in the form of new techniques We are going to cover a ton of techniques in this book that you can learn quickly easily and without much on going practice that will make a difference in your life very quickly We are living in the information age and having the ability to read faster can make all the difference Reading faster can allow you to get a better job can allow you to make more money can allow you to become more educated can allow you to make new friends and much much more Trust me learning to read faster has many perks that will greatly improve your life Let me show you step by step the techniques you must possess in order to read MUCH faster in a very short period of time Here Is A Preview Of What You ll Learn What Can Reading Faster Do For You Some of the Slowdowns of

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60 seconds Speed Reading SIMPLE STRAIGHT FORWARD EFFECTIVE It s common sense It s effective It s easy It only takes a minute Get started today It s your future Click on Look Inside to Find Out More *100 Speed Reading with the Right Brain One-Minute Drills* David Butler,2021-05-14 100 Quick Reading Challenges A different approach and original concept unlike any other Trains you to see blocks of text in phrases Interesting exercises and doesn t feel like work Not a rehash of the same old techniques you ve already tried Easy to adapt if you re open to new ideas Optional online course and tools included 600 words in 60 seconds Speed Reading One Minute exercises mean you ll always have time to do them Phrase highlighting makes it easier to read and understand faster Each specially formatted exercise is exactly 600 words long Finish in one minute and you re speed reading 600 wpm Not the usual methods of merely trying to see words faster Learn how to read faster by comprehending faster Praise for 100 One Minute Speed Reading Drills Original theories and techniques for reading improvements a totally exclusive method of presenting practice exercises Richard Sutz Author of Speed Reading for Dummies It s amazing that so much could have been written since Evelyn Wood and no one came up with the idea of speed comprehension Dr James Young Ph D Professor of English The Power of Phrase Reading Struggling to keep your mind from wandering Make reading more interesting Hard to remember what you read Make reading more memorable Difficult to stay focused Give your mind something easier to focus on Getting bored with reading Offer your brain something more meaningful Muttering words in your head Use an alternative to sounds of words Straining to maintain your concentration Give your brain what it craves The Greatest Speed Reading Technique in the World Stop feeling stuck with slow reading Stop reciting words and start comprehending meaning Stop feeling bored and frustrated with your reading Start making reading like watching a movie in your head Simple Straight Forward Effective It s common sense It s effective It s easy It only takes a minute Get your copy and start today **Speed Reading for Dummies** Warner Books Staff,1986-07-01 **Speed Reading in 60 Seconds** David Butler,2016-09-01 60 SECONDS A DAY TO EFFECTIVE SPEED READING Read 2 3 X Faster with Daily 1 Minute Phrase Block Sprints Easily practice speed reading whenever you have a spare minute Difficult to stay focused Give your mind something better to focus on Hard to remember what you read Make reading more memorable Struggling to keep your mind from wandering Make reading more interesting Getting bored while reading Offer your brain something more meaningful Muttering the words in your head Use an alternative to the sounds of words Straining to maintain your concentration Give your brain what it craves Hard to find time to practice Takes less time than brushing your teeth Original theories and techniques for reading improvement a totally exclusive method of presenting practice exercises RICHARD SUTZ Author of Speed Reading for Dummies Do you feel stuck with slow reading Are you just going through the motions with nothing to show for your efforts at the end of a page Do you get bored or frustrated with your reading In Speed Reading in 60 Seconds best selling author David Butler gives you straight forward simple exercises that can double or triple your reading speed with daily one minute phrase highlighted sprints Here s how it works Speed reading is 600 wpm Each of

these 100 excerpts is 600 words long The excerpts are phrase highlighted for faster reading Read them in 60 seconds and you re speed reading Continue practicing to develop this into a habit As you practice you ll discover what speed reading feels like as your mind adapts by paying more attention to phrases and ideas than to words and sounds It s amazing that so much could have been written since Evelyn Wood and no one came up with the idea of speed comprehension Dr James Young Ph D Professor of English What Makes This Book Different Instead of a list of bad habits to just stop doing or a series of strange eye exercises that only leave you exhausted and cross eyed Speed Reading in 60 Seconds gives you a very original form of quick and easy exercises making speeding through phrases and whole ideas almost automatic This phrase highlighted format lets you fly across the text treating phrases like they were single words Taking in whole ideas this way speeds up your reading by speeding up your comprehension You read faster because you understand faster Nowhere else will you find text specially designed to assist your speed training Just turned to one of the 100 600 word excerpts start your timer and fly through the text Do this in 60 seconds and you ll know exactly what speed reading is Practice each day and your brain will adapt its relationship to text and begin reading it as ideas instead of sounds Read 600 words in 60 seconds Speed Reading SIMPLE STRAIGHT FORWARD EFFECTIVE It s common sense It s effective It s easy It only takes a minute Get started today Your future is watching Click on Look Inside to Find Out More

**Speed Reading for Beginners** Andy Arnott,2014-07-09

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**Speed Reading: Comprehensive Beginners Guide to Learn the**

**Simple and Effective Methods of Speed Reading** Robert Thomson,2019-03-27 Reading is an important part of our lives Whether you have read articles books magazines or any other text for school work or even pleasure it s a skill we have learned when we were young And the great thing about reading is that it helps us learn new things and expand our knowledge So imagine how much more you can learn if you are able to read at a faster rate while still being able to understand what you have read This skill is known as speed reading This is a skill for people who want to optimize their lives and keep making themselves better Speed reading allows you to learn at a faster rate which also means that you will learn more in a shorter amount of time It s one of the skills learned by those who are always on the path to self improvement Once you have mastered speed reading learning may come a lot easier Of course learning how to speed read is a process in itself Speed reading doesn t just mean getting through the text with the quickest possible time you also have to understand what you have read and recall all of the most important parts In this book you will learn all about speed reading From what it is how it works to how you can learn it and make it part of your skill set there s a lot for us to cover By the end of this book you should have all the information you need to start learning and honing this skill to achieve mastery

*Speed Reading for Beginners* Alexa Grey,2017-12-23 Very few believe that they can learn to read much faster and that speed reading is not some kind of trick or a supernatural event but quite ordinary ability to perceive information with greater speed and quality than usual This can be taught practically to everyone For each person learning to read begins with recognition of letters then syllables over time our vision is already able to cover whole words and make up sentences from them Such a technique is enough to read about 300 words per minute but in the modern world in the face of a huge amount of information and knowledge one should not only be able to read but do it as quickly and efficiently as possible Many people can read but not many people know how to speedread Speed reading is an ability to read at least 3 4 times faster without worsening understanding of the material Those who have fully mastered the skills of this technique improve their reading speed by several times and often more Among the advantages of speed reading is the ability to increase the amount of memorized text save time on its study develop attention and significantly speed up the thought processes Human brains are used to working and responding quickly and speed reading is no more complicated than many others tasks it undertakes daily The need for rapid reading every day is felt more and more Reading business correspondence turned into torture and students have difficulty in digesting the entire volume of information they are presented with If you are a student or your job is connected with processing a large amount of information or maybe you just want to read a lot of books in a short time and have time for other things then speed reading is for you There are many other reasons why developing speed reading skills can dramatically change your life In this book we will cover the following topics What is Speed Reading Why Should You Learn Speed Reading Speed Reading Techniques Speed Reading and Memory Development Speed Reading Exercises Speed Reading Mistakes

**Speed Reading Step by Step Guide** Paul Banks,2017-03-11 How fast can you read a book Would you

love to increase your reading speed without compromising your ability to comprehend and remember the material Whether you re a student about to tackle an enormous textbook or someone who would love to have the time to read more books by reading faster there are some free and effective techniques you can try that will increase your reading speed in less than 24 hours This book will provide you with step by step guides and strategies on how to increase your ability to read more quickly while still being able to understand and learn something from what you re reading There s no supernatural method to instantly make you read at super human speed but the practical tips and advice in this book will help you find a speed reading technique that works for your individual skills and goals Happy reading Today only get this book Don t wait another minute Get your copy of Speed Reading Step by Step Guide right away c 2017 All Rights Reserved Tags double or triple your reading speed speed reading for dummies book speed reading techniques comprehensive guide speed reading for beginners learn how [Speed Reading for Beginners](#) James T. Rose,2015-03-11 Increase Your Productivity in less than 24 Hours Discover The Speed Reading Benefits Through Techniques and Exercises At this very moment on this very stage you are reading more slowly than you should read more slowly than you need to read for good comprehension and most important of all much more slowly than you are actually capable of reading This book contains proven steps and strategies on how to become a rapid efficient reader in less than 24 hours It presents indispensable techniques that will sharpen your comprehension build your self assurance and skill in dominating a page of print and permanently increase your reading efficiency and speed This a complete handbook that will if you work seriously consistently and methodically help you go very fast towards improving your reading skills Here Is A Preview Of What You ll Learn After Downloading This Speed Reading For Beginners book How Fast Do You Now Read Six Rules for Faster Comprehension How to Develop a Sense of Urgency When You Read How to See and Interpret More Words in Less Time How to Do Away with Inner Speech Vocalization and Regressions How to Skim Much much more Take Action Right Away To Read 300% More Faster with this Speed Reading book Download your copy today Today Only Get this Speed Reading For Beginners book for just 8 99 **Speed Reading for Beginners** Michael Reese,2014-04-24 You Want To Read Faster But You Don t Know How Increase Your Productivity in 24 Hours This Beginners Book Will Teach You Step by Step on How You Can Learn To Speed Read Discover The Speed Reading Benefits Techniques Exercises and much more Get Speed Reading for Beginners book Today Click the Buy button and Read 300% Faster in 24 hours This book contains proven steps and strategies on how you can learn to speed read Reading is an important skill that you have to develop if you want to communicate with people Reading is also useful if you want to gain knowledge from books But did you know that you can still improve your reading skills even if you can already read This is through the help of speed learning By learning how to do so you can communicate better as well as be knowledgeable of more concepts as compared to when you can t read fast Read this book to be enlightened on just what speed reading is all about Find out how you can improve your reading speed **Speed Reading for Beginners** James J. Burton,2014-04-04

What You Will Find In This Book Don't you wish you could read the morning paper faster than you are reading these days It would definitely get you to work more quickly every day What about the lengthy distracting emails at work that you must refer and correspond to immediately Or what about taking the usual fill of bulky textbooks to prepare for your school examinations Why use up your hard earned money to extensive and expensive training courses when speed reading is easily a skill that you can teach yourself In *Speed Reading for Beginners* there is a comprehensive guide to the good and the bad of speed reading It goes with consideration of people and their own separate set of skills and speed of reading Time being the most precious and non refundable of all resources determines your success in life depending on how you use it The *Speed Reading for Beginners* eBook contains the following 1 The average statistics of how much an average person reads 2 The full comprehensive guide on how to speed up your reading 3 Comprehensive tips on the techniques that improve your speed reading pace 4 The various speed reading methods 5 The Lead In to whether speed reading really helps in the real world 6 Evident Benefits of Speed Reading Just flip the page and start your brain training for superfast reading skills

[Speed Reading](#) David Casady,2016-07-15 Getting Your FREE Bonus Download this book read it to the end and see BONUS Your FREE Gift chapter after the conclusion *Speed Reading Learn How To Triple Your Reading Speed In Just 24 Hours* FREE Bonus Included We live in an incredibly fast paced society Whether we are at work playing around with social media or working on school you are spending your days reading You might be reading instructions you might be reading reports or data or you might just be catching up with the family but either way you are reading But did you know there is a trick to reading That's right There tend to be one of two reactions to the content people are reading The first is that they take too long to read through it and are often left feeling like they are behind Or they do read through it quickly but they are then left with a feeling that they didn't catch everything they were supposed to It's true when you read something you want to do it both quickly and effectively and those are skills that need to be learned You may be able to read just fine and you may have excellent comprehensive skills but if you don't pick up the pace you are going to be left feeling behind That is where this book comes in In it I am going to teach you how to not only read faster or even twice as fast but I am going to show you how to read three times as quickly as you do right now and teach you how to retain and learn from what you read Use this book to sharpen your reading skills and learn how to truly read and learn in minimal time Embrace the challenges of absorbing as much information as you can out of a single setting and make the most of your time Learn from between the lines and cut out the time you spend on each line And more Enjoy the reading Download your E book *Speed Reading Learn How To Triple Your Reading Speed In Just 24 Hours* by scrolling up and clicking Buy Now with 1 Click button

[Speed Reading for Beginners](#) James Simmons,2017-12-08 In business in life communication is the key to success And as made clear in this book learning to use the power of Personality Type is the key to communicating more effectively Now in the same successful format as the bestsellers *Do What You Are* *Nurture by Nature* *The Art of Speed Reading* *People* offers a revolutionary new tool for sizing up

people speaking their language A salesperson pitching a customer A manager trying to motivate an employee A teacher attempting to make a point with a student In any of these situations the power to read another person can be a powerful advantage Speed reading will affect your productivity time management mind intelligence and your personal effectiveness in no time But how Time is money Anyone knows that Books are our knowledge We can't stop reading books just because it takes our time But how about shorten our reading time Have you dreamed about it And we are not talking about decreasing number of pages books or effectiveness of reading at all Speed reading 7 Simple Steps For Uncovering Unreal Reading Speed will teach you how to double or triple your reading speed instantly right after you'll turn the last page And after some practice and time you will be able to increase your reading speed up to 10 15 times or more guaranteed Just imagine you spend 60 minutes on reading a book and after you apply methods showed in this book you will be able to read the same book in 30 or even 5 minutes without losing quality of reading Sounds crazy Yes it sounds like that But speed reading is a system proven by years and thousands of success stories In fact it's not surprising because we use only 5% of our brain power The potential is huge Imagine if you were running a very old software program on a computer It would be slow inefficient and cause you to waste a lot of time dealing with the outdated interface You know how frustrating it is when this happens to you on a computer but do we even notice when we are using old or inefficient mental skills Think how many times you read every day And imagine how much more time you would have if you could learn how to speed read If you are a student or a professional that is required to absorb new information on a daily basis the rewards are of course huge But absolutely anyone can benefit by learning to update this skillset Mastering speed reading will allow you to save time improve comprehension and skyrocket your time management Speed Reading could just be one of the best productivity hacks there is

**Speed Reading for Beginners** Cameron Ferguson,2017-06-15 The Essence of Speed Reading and How to Dramatically Enhance It This Book Goes Straight To The Core Of Speed Reading And Gives You All The Tools and Hacks You Need To Change Your Life Forever This book The Essence of Speed Reading and How to Enhance It contains information that can help transform your life for the better For once you are going to read a book that demonstrates how reading champions manage to read over 20 000 words per minute and how you too can significantly increase your reading speed Needless to say the faster you can read the more chances you have of gathering useful information and as has always been the case information is power You will not only learn how to read much faster than you thought possible you will also learn how to sustain that speed Beyond this you will be able to appreciate why speed reading is important in your daily life how it gives you an edge in your industry in your career and even in your social life Another good thing about the book is that it provides proof that speed reading is not the preserve of the highly educated or the born geniuses and that all you need to do is learn some simple but effective techniques and then put them into practice Read this book now and get on your way to being a Better version of yourself Here Is A Preview Of What You'll Learn

**Speed Reading For Beginners** Dale Blake,2015-05-13 Speed reading has been a skill

peddled by experts putting it on the spotlight The claim is that speed readers can read up to 1000 1700 words in a minute while the average person reads 200 to 400 words The only way to understand if these claims are true is by looking at the different techniques used in speed reading And this book can help you with that **Speed Reading Guide for Beginners** Miranda Ross,2015-02-02 Read This Book And You Will Definitely Be Able To Improve The Overall Speed Of Your Reading Are you aware of the speed with which you read It is important to be aware of your speed of reading as it will give you the right kind of idea about the swiftness with which you can read Different people can have varying speed and this is why you need to be mindful of the different techniques by which you can enhance your reading speed When you are choosing to opt for speed reading there are various techniques which you can use Here in this book we are going to discuss the different speed reading techniques which will help you improve the overall speed with which you read the different matters and that too overnight Here we have come up with some breakthrough ideas We have come up with techniques that are so effective that you will actually find a massive increase in your reading speed in less than 24 hours So are you game about it Here Is A Preview Of What You ll Learn About The Concept Of Speed Reading The Skimming Technique Improving Your Eye Span Health Tips For Speed Reading Building The Right Reading Environment Working Upon Your Attention Improving The Horizon Of Your Knowledge And Much More **Speed Reading** Calvin Horgan,2019-04-18 Quickstart Guide for Unlocking Your Fastest Reading Speed Speed reading is a learnable skill that you can use every single day to boost comprehension and reduce the time it takes you to read everything Need to learn how to speed read now With this guide you will be armed with the fundamental knowledge you need to reach readings speeds you never thought possible You ll also learn how to avoid making mistakes that could create serious problems with recall and comprehension Achieve your maximum reading speed and save time every day Here is a preview of what you will learn in this guide Is It Possible to Read Faster Speed vs Comprehension Evidence Competitive Speed Reading Anecdotal Evidence Other Languages Benefits of Speed Reading Stating the Obvious When to Speed Read Studying Reading Twice All the Time When Not to Speed Read Reading for Pleasure Analyzing Text General Benefit to Speed Reading Speed Comparisons The Gains The Challenges Speed Reading Fundamentals Key Concepts Subvocalization Fixations and Saccades Trackers Eye Regression Reading Rate Foveal and Peripheral Vision Key Words and Hot Spots Reading vs Speed Reading Reading Speed Reading Technical Breakdown Goals and Measuring Goals Measuring Speed Reading Techniques General Tips Read with Intent Limit Subvocalization Prepare Techniques Skimming Tracking Covering Rapid Serial Visual Presentation RSVP Training Overshoot Expand Your Foveal Vision Exercises Measure WPM Eye Training Schulte Boards Other Eye Training Exercises Improving Comprehension Maximize Comprehension Slow Down Take Notes Ask Questions Measuring Comprehension And So Much More Even if you have no background in speed reading have no fear With this guide in your hands that will not be a barrier for you any longer Learn how to successfully double triple or quadruple your reading speed or even more when you grab this guide now

Speed Reading for Beginners Jeannie Lambert, 2016-07-14 The Fun and Effective Way to Learn to Speed Read Reading is one of the most important skills that we ever learn It is the way we are able to share information and knowledge with each other it is the way we learn new things whether for fun school or our job Being able to read effectively speaks to how well we are able to learn to take new knowledge and use it as our own We could not grow as people easily without reading So imagine being able to increase your reading speed while still maintaining or even improving your reading comprehension Speed Reading for Beginners helps you along that path providing you with effective techniques to increase both speed and comprehension Jeannie Lambert has written a guide that is not only engaging and informative but fun allowing you to immediately take the techniques that you learn and put them into action Imagine being able to read faster retain more and therefore learn more How life changing would that be So don't delay and take the first step to achieving a faster reading speed today

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