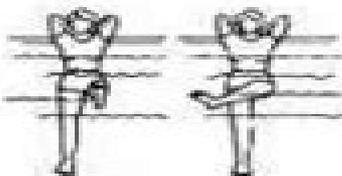


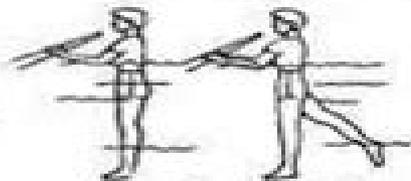
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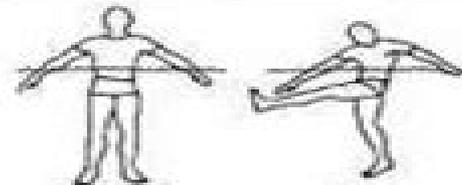
Side Leg Raises



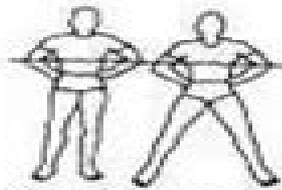
Leg Overs



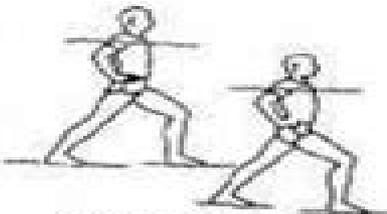
Rear Leg Lifts



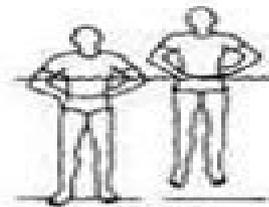
Alternate Toe Touch



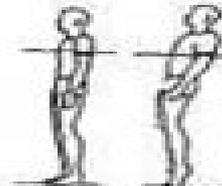
Side Straddle Hop



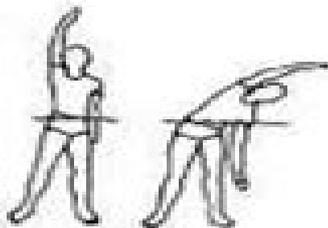
Side Hop



Bounce



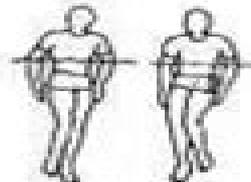
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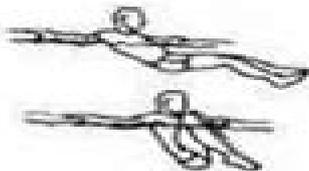
Walking Crawl



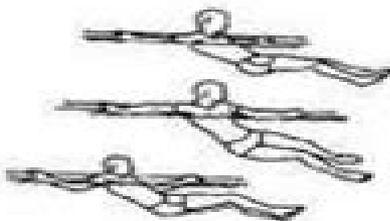
Bounding



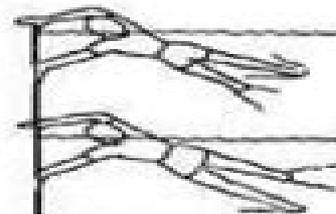
Bounding in Place



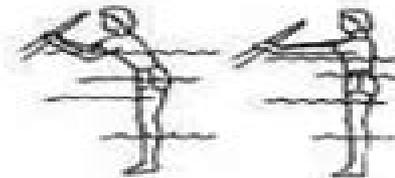
Poolside Knees Up, Supine



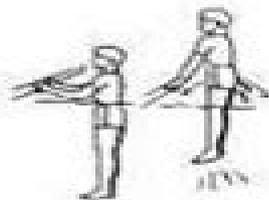
Twisting Legs Supine



Scissors Kick



Push Away



Gutter Push Ups



Front Flutter Kick



Running



The Engine

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