

# 40 KEY CULINARY TECHNIQUES & COOKING METHODS EXPLAINED



## •GRILLING•

Cooking over direct heat (food is exposed to flames and heat from coals beneath). This can be done over an open fire or a grill grate.



## •STEAMING•

Cooking with steam from hot liquid. Food does not come in direct contact with the liquid.



## •SEARING•

The surface of food is cooked at a high temperature (such as in direct contact with flames) until it achieves a brown, caramelized crust.



## •STEWING•

Food is cooked in a liquid with low heat and served in the gravy that is formed from the ingredients.



# Practice Workbook Cooking Techniques Manual

**Ian Pickup**



## **Practice Workbook Cooking Techniques Manual:**

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**The American Journal of Nursing** ,1921      Bulletin of the Brooklyn Public Library Brooklyn Public Library,1917

**Brooklyn Public Library News Bulletin** Brooklyn Public Library,1910      **Quarterly Bulletin** Brooklyn Public Library,1911      *Bulletin (1901-195 )* Brooklyn Public Library,1912      Catalog Food and Nutrition Information Center (U.S.),1973 2365 references to books journal articles brochures and audiovisual aids that are of interest to personnel of the school food service and nutrition education profession Broad topical arrangement Entries include accession number bibliographical information call number of FNIC descriptors and abstract Indexes by subjects authors personal and corporate and titles      *The Gardener's Monthly and Horticultural Advertiser* ,1882      The book of the home, under the general editorship of H.C. Davidson Hugh Coleman Davidson,1901      **American Agriculturist** ,1879

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