

WHAT TO EXPECT THE FIRST YEAR

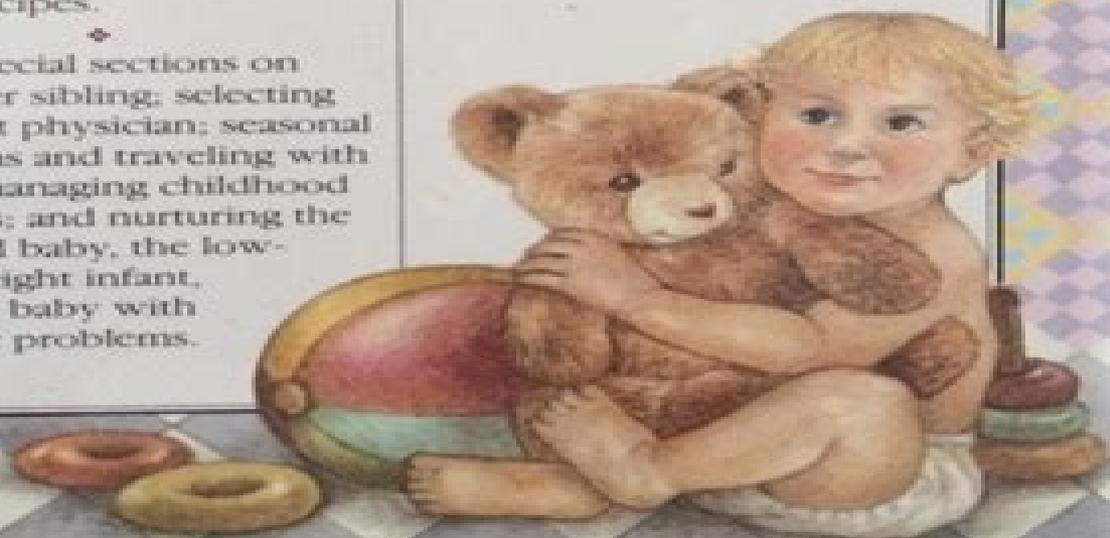
The comprehensive month-by-month guide that clearly explains everything parents need to know about the first year with a new baby.

◆
Featuring a practical, illustrated Baby Care Primer, a First Aid Guide, and Best-Odds recipes.

◆
With special sections on the older sibling; selecting the right physician; seasonal concerns and traveling with baby; managing childhood illnesses; and nurturing the adopted baby, the low-birthweight infant, and the baby with specific problems.

By Arlene Eisenberg,
Heidi E. Murkoff, and
Sandee E. Hathaway, B.S.N.
*Authors of What to Expect
When You're Expecting.*

◆
With a Foreword by Henry
Harris, M.D., F.A.A.P.,
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What To Expect The First Year

Heidi Murkoff



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