



# Darkest Psychological Thrillers to Read in 2023



# Psychological Suspense 2026 Guide

**Robert R. Redfield**



## **Psychological Suspense 2026 Guide:**

*Writers' Handbook 2026* J. Paul Dyson, 2025-07-10 The 2026 edition of firstwriter.com's annual directory for writers is the perfect book for anyone searching for literary agents, book publishers or magazines. It contains over 1,400 listings including revised and updated listings from the 2025 edition and over 200 brand new entries. Finding the information you need is now quicker and easier than ever before with multiple tables and a detailed index and unique paragraph numbers to help you get to the listings you're looking for. The variety of tables helps you navigate the listings in different ways and includes a Table of Authors which lists over 5,000 authors and tells you who represents them or who publishes them or both. The number of genres in the index has expanded to over 950. So for example, while there was only one option for Romance in previous editions, you can now narrow this down to Historical Romance, Fantasy Romance, Supernatural Paranormal Romance, Contemporary Romance, Diverse Romance, Erotic Romance, Feminist Romance, Christian Romance, or even Amish Romance. The new edition includes Over 600 literary agents and agencies, Over 350 magazines and Over 400 publishers that don't charge fees. International markets become more accessible than ever with listings that cover both the main publishing centres of New York and London as well as markets in other English speaking countries. With more and more agents, publishers and magazines accepting submissions online, this international outlook is now more important than ever. There are no adverts, no advertorials and no obscure listings padding out hundreds of pages. By including only what's important to writers, contact details for literary agents, publishers and magazines, this directory is able to provide more listings than its competitors at a lower price. The book also allows you to create a subscription to the firstwriter.com website for free until 2027. This means you can get free access to the firstwriter.com website where you can find even more listings and also benefit from other features such as advanced searches, daily email updates, feedback from users about the markets featured, saved searches, competitions, listings, searchable personal notes and more. I know firsthand how lonely and dispiriting trying to find an agent and publisher can be. So it's great to find a resource like firstwriter.com that provides contacts, advice and encouragement to aspiring writers. I've been recommending it for years now. Robin Wade, literary agent at the Wade Doherty Literary Agency Ltd and long term firstwriter.com subscriber.

**Writers' & Artists' Yearbook 2026** Bloomsbury Publishing, 2025-07-17 The 119th edition of the indispensable bestselling guide to everything you need to know about publishing. A vital resource for all writers looking to get published, including authors, poets and screenwriters. *Modern Leadership* SIDDHI SUNIL CHAVAN, In a world defined by rapid change, complex challenges and constant connectivity, traditional leadership is no longer enough. Titles, authority or experience alone cannot guide organizations, teams or communities toward enduring success. Modern leadership demands clarity of purpose, ethical courage and the ability to influence beyond self. *Modern Leadership: Influence, Ethics and Legacy in the 21st Century* is a comprehensive guide for anyone determined to lead with impact, whether in business, government, startups or personal ventures. Siddhi Sunil Chavan

blends timeless wisdom with contemporary insights offering readers practical strategies to navigate complexity make high stakes decisions and cultivate cultures that thrive under pressure This book takes you on a transformative journey through the essential pillars of modern leadership Mastering the Inner Compass Understand your values build self awareness and lead with authenticity Decision Making in Complexity Learn frameworks to act decisively when uncertainty and ambiguity dominate Building Resilient Teams and Culture Embed trust collaboration and ethical norms that endure beyond your tenure Influence and Vision Harness emotional intelligence networked leadership and adaptive strategies to inspire lasting impact Legacy Beyond Self Develop systems mentorship and ethical frameworks that ensure your influence transcends time Whether you are an emerging leader seeking guidance an executive aiming to refine your impact or a student of human behavior eager to understand the mechanics of influence this book equips you with actionable insights real world examples and thought provoking exercises Siddhi Sunil Chavan acclaimed author of *The Goddess in the Mirror Daughters of the Flame The Fire Beneath the Ashes The Digital Reset Finding Balance in a Digital World THE BILLIONAIRE MINDSET* and *Love Lies Alibis* delivers a guide that is practical profound and globally relevant His work has reached readers across 15 distributors worldwide including libraries and online platforms with consistently high demand Step into the future of leadership Transform your influence into enduring impact Build systems inspire people and leave a legacy that lasts Because leadership is not about authority it s about the lives you touch the culture you shape and the legacy you leave *In Her Defense (A Reese Witherspoon Book Club Pick)* Philippa Malicka,2026-02-03 As a sensational celebrity libel trial unfolds a young woman at the periphery secretly wields the power to make or break the case But with her own hidden past will she dare to speak up A REESE WITHERSPOON BOOK CLUB SELECTION Everyone is watching Only one person knows the truth The whole country has been riveted by the trial Beloved TV star and national treasure Anna Finbow standing in court accusing her daughter s therapist Jean Guest of brainwashing her daughter Mary for her own financial gain Jean insists Mary s traumatic memories arise from her upbringing and her time studying at a prestigious art school in Rome wounds only Jean s therapy can heal But as the trial unfolds it s Augusta Gus Bird Anna s former employee a seemingly insignificant bystander a nobody who holds the key to unraveling the tangled web of lies and deceit What really happened to Mary in Rome And if her memories can t be trusted how will they ever uncover the truth behind her estrangement Twisty and propulsive *In Her Defense* is a compulsively readable debut for fans of Lucy Foley and Laura Dave [Books in Print](#) ,1982 **Catalogue of the Printed Books in the Library of the British Museum** British Library,1946 [My Husband's Lies](#) Maryann Webb,2025-06-24 OMG This is such an awesome read I love psychological thrillers and this one was so good I could not put it down Reader review 5 How well do you really know the people closest to you Aria Miller used to think she had the perfect life but now that the honeymoon phase is all but a distant memory she can t shake the feeling her perfect life is a sandcastle waiting to collapse Recently she s felt a prickle of anxiety when her husband Ethan says he has to work late She s trying to

shake the feeling that he's been lying After all trusting men has never worked out well for Aria But sweet kind Ethan has never given her a reason not to trust him has he Perhaps the stress of trying for a baby is finally getting to her recently she swears she feels someone is watching her as she grabs her morning decaf coffee Then during a girls night that was supposed to take her mind off things her best friend Isla is brutally murdered in a dark bathroom bar Aria is still reeling from the shock when the text arrives How well do you know your husband And suddenly amid a police investigation and Ethan's increasingly strange behaviour Aria is forced to question everyone around her including herself He said he loved me He said I had nothing to worry about What else don't I know about my husband's lies Please note this was previously published as How Well Do You Know Your Husband Readers are obsessed with Maryann Webb's utterly unputdownable psychological thriller Omg the twist were twisting Pulled you in with every twist and turn I even started doubting my husband Reader review 5 An absolutely amazing read I loved the fact that every character had some dirt up their sleeves and the plot twist at the end was fabulous work Reader review 5 Wow this book is fantastic It has it all and so many twists and turns it is a real rollercoaster ride Reader review 5 Phenomenal Oh my goodness reading this book gave me such goosebumps and I was hooked from the very beginning I couldn't put the book down Reader review 5 The one that everyone will be talking about It was addictive binge readable and when I say drama filled oh I mean it Reader review 5 Gobsmacked and speechless at the end of the book Was not expecting the plot twist and seriously the ending was totally unexpected I never saw it coming from a mile away Reader review 5 Wow so many twists and turns awesome Reader review 5 I was stuck to my kindle the entire day I'd definitely recommend anyone who loves a good unpredictable thriller to pick this up Reader review 5 This book was so full of OMG moments Lies deceit murder it was all there There were so many twists I didn't see coming with an ending that blew me away Reader review 5

**Forthcoming Books** Rose Arny,1992-10 *The Girl in the Cellar* Maryann Webb,2025-10-14

HOLY COW It grabbed me like a vice from the first page and never let go I stayed up until 7am reading it because I just HAD to keep reading Wrought with suspense and tension there were times I didn't know who was the true villain Great book Reader review 5 stars Not all secrets stay behind closed doors Izzy Blake hasn't seen sunlight in almost a year Or at least that's how long she thinks she's been down here She only eats when she's been good She only gets to wash when he says so Every day is the same Darkness Pain The fear when she hears the key turn in the lock and she knows he's come back Until One day the door opens and there's someone else coming down the steps It's not him It's a woman A woman who clearly has no idea that her husband has Izzy chained up in their wine cellar But from the bruises on her arm Izzy thinks this woman must have some idea what he's capable of Being the girl in the cellar is bad but it can't be easy being the girl upstairs Because the monster's not under your bed he's in it An absolutely unputdownable psychological thriller perfect for fans of Freida McFadden John Marrs Steena Holmes and Becca Day Readers can't get enough of THE GIRL IN THE CELLAR Um I don't even know what to say about this one WOW doesn't quite cover it The turns keep coming and the twists at the end left

my jaw on the floor For fans of just about any thriller author this one is a must read Go NOW Reader review 5 stars INTENSE Deadly game of claustrophobic cat and mouse between killer and his next victim things get more and more entangled who is on who's side Edge of your seat for sure Reader review 5 stars This book was phenomenal I could not put it down It was a cross between Frieda McFadden's writing and a little of Listen for the Lie by Amy Tintera Reader review 5 stars You can't help the emotions reading this book If you are fans of Freida McFadden or John Marrs then this book is definitely right up your alley Reader review 5 stars This book was a real page turner I couldn't put it down it was so so good Really hope to read another book by this author soon A must read book brilliant Reader review 5 stars Reader review 5 stars **After the Party** C.L. Swatman, 2025-09-13 A BRAND NEW gripping psychological thriller from C L Swatman for fans of Lisa Jewell Gillian McAllister and Claire Douglas It grabbed me from the beginning and kept me glued to it till the end Valerie Keogh Twenty years ago a dark truth was buried Now the past is at her door and a killer will stop at nothing to keep it buried Summer 2005 Five students attend an end of year party As dawn breaks the next day four of the friends are preparing to leave when they realise one of the girls is missing That's when the screaming starts 2025 Amy is at home when there's a knock at her door The woman on her doorstep introduces herself as Hannah Hastings a well known true crime podcaster She's investigating the drowning of a young woman at a party twenty years earlier Amy slams the door but the damage is done And a few days later she receives a threatening note telling her not to speak to Hannah or she'll regret it Now the night Amy has spent two decades trying to forget is coming back to haunt her But this time she's the one in danger A dark clever and twisty page turner I devoured it Claire Douglas Praise for C L Swatman A fast paced page turner with some excellent twists will keep you reading late into the night Catherine Cooper A haunting gripping page turner I couldn't put down S E Lynes Brilliantly addictive read I loved it Valerie Keogh Fast paced and deliciously twisty Keri Beevis A tense thriller looking at family dynamics female friendship and nature versus nurture with plenty of surprises along the way Loved it Catherine Cooper

*The Woman in the Cabin* Becca Day, 2024-10-23 The brand new thriller from the author of *The Girl Beyond the Gate* Deep in the woods you can hide more than secrets Every day in a remote cabin hidden deep in the woods in the Scottish Highlands Mary wakes up before dawn to make breakfast from scratch She tends the garden and feeds the animals Every night Mary makes sure she has dinner on the table for when her husband Cal gets home from work She puts on his favourite lipstick and greets him with a smile I've missed you It's not true and he knows it But he likes to hear it all the same Mary is the perfect wife and like any good wife she knows her job is to keep her husband happy But lately as she notices her first wrinkles appear she can sense Cal change A scowl at dinner not being ready on time a too tight grip as he leads her to the bedroom tells her he's noticed too And old memories are coming back too of her life before the cabin Then she finds a stack of letters hidden under the floorboards detailing a life eerily similar to her own They're addressed to her To the next woman If she's not the first to play the role of Cal's perfect wife what happened to the woman in the cabin before her And how long does she

have until she is next **Lessons in Silence** Amanda Woodruff,2025-08-22 A dark gripping psychological thriller for fans of The Silent Patient and Sharp Objects **HIS & HERS (2026): MOVIE REVIEW** Robert S. Bell, Prepare to dive deep into the haunting world of His Hers 2026 a psychological thriller that goes beyond a simple murder mystery This movie review book offers an in depth analysis of the gripping drama exploring the complex characters and the emotional moral and psychological battles that shape their fates Through meticulously researched insights we peel back the layers of the story to reveal how the show explores family trauma betrayal and the quest for justice themes that resonate far beyond the screen In this comprehensive guide you will uncover the psychological intricacies that drive the unforgettable performances of Tessa Thompson as Anna Andrews and Jon Bernthal as Jack Harper From the emotional turmoil that defines their characters to the intense moral dilemmas they face this book breaks down how the series uses psychological tension to create a story that is as emotionally gripping as it is suspenseful With rich analysis and an exploration of moral ambiguity you ll understand the deep layers beneath the thrilling plot What s inside In depth character studies Delve into Anna and Jack s emotional complexity and their evolving relationship from estranged partners to a team bound by their shared trauma Thematic breakdown Explore how themes like family loyalty betrayal and the pursuit of justice are intricately woven into the storyline Psychological insights Discover how the show uses unreliable narrators and dual perspectives to keep viewers on edge and force them to question the truth Behind the scenes exploration Learn about the cinematic techniques that heighten the suspense from the dark atmospheric setting to the haunting soundtrack that underscores the story s tension His Hers 2026 is more than just a thriller it s a psychological journey into the minds of its characters and the dark secrets they keep This book is perfect for fans of psychological thrillers character driven dramas and those who appreciate complex narratives filled with suspense emotion and moral complexity Whether you re a fan of the series or someone new to the world of His Hers this book is a must read for anyone looking to understand the deeper layers of a show that is as intellectually engaging as it is emotionally powerful **Harlequin Intrigue February 2026 - Box Set 2 of 2** Juno Rushdan,Danica Winters,Denise N. Wheatley,2026-01-27 Harlequin Intrigue brings you three full length stories in one collection Dive into action packed stories that will keep you on the edge of your seat Solve the crime and deliver justice at all costs **BIG SKY SHOWDOWN** by Juno Rushdan After a violent assault by a shadowy stalker Kimi Wheeler is forced to turn to Takoda Yazzie the man she secretly loves Haunted by his past the Ironside Protection Services investigator has vowed to stay far away from his best friend s sister But when a disappearance close to home tracks deeper danger to Kimi s door Takoda s only mission is to keep Kimi from vanishing next Ignoring their intense desire will take everything they have even as Takoda and Kimi race toward a terrifying face off with a killer **STALKED IN THE MOUNTAINS** by Danice Winters Actress Scarlett Leafletter s ex agent is stalking her Concealing her identity she and her assistant hide out at her estranged family s resort ranch The new guest annoys cowboy Miles Miller despite his powerful attraction to her Scarlett s also drawn to Miles but both are wary of trusting

one another As they navigate their conflicted feelings Scarlett s past catches up to her endangering those around her Then Scarlett s assistant and Miles s brother disappear And Scarlett must reveal everything Now trusting each other is the only way to save those they love FEARLESS PURSUIT by Denise N Wheatley Capturing a serial killer has made Maxwell police chief Danielle Miller a celebrity But after she s almost murdered then bombarded by threatening texts a new rash of killings begins Dani suspects Von Reed and his security firm RPS are involved The feud between Maxwell s police department and RPS has spanned generations But though Dani has resented Von all her life Von has secretly burned with desire for his nemesis As the attacks escalate Dani grudgingly accepts Von s denial of guilt But can their joining forces help them apprehend a dangerous criminal Seek thrills Solve crimes Justice served For more edge of your seat romantic suspense look for Harlequin Intrigue February Box Set 1 of 2 **The Therapist** B. A. Paris,2021-07-22 TELL ME YOUR SECRETS Tense and compulsive Louise Candlish bestselling author of Our House Suspicion betrayal and dark secrets abound T M Logan bestselling author of The Mother A delicious web of lies Jane Corry bestselling author of Coming to FInd You When Alice and Leo move into a newly renovated house in The Circle an exclusive gated community it is everything they ve dreamed of But appearances can be deceptive As Alice is getting to know her neighbours she discovers a devastating secret about her new home and begins to feel a strong connection with the therapist who lived there before Alice becomes obsessed with trying to piece together what happened But no one wants to talk about it And her neighbours are hiding something The million copy Sunday Times bestselling author B A Paris returns to her heartland of gripping psychological suspense in this powerful tale of a house that holds a shocking secret Praise for The Therapist Alice s smart new home in The Circle comes with a nightmarish secret in B A Paris s tense and compulsive new thriller I gobbled it up in two sittings Louise Candlish Suspicion betrayal and dark secrets abound in this tense story all hidden just beneath the surface of a seemingly perfect suburban life TM Logan A delicious web of lies Be prepared for your head to spin and your fingers to fly Jane Corry B A Paris is the queen of psychological thrillers and her latest does not disappoint My Weekly This spooky thriller with excellent twists and a really fast paced shock finale Heat Totally hooked Completely gripping Mel McGrath A propulsive and deliciously dark page turner Perfectly paced and tightly plotted Lucy Clarke Domestic suspense at its very best An aspirational setting an unsolved crime a plethora of suspects and twisted allegiances at every turn I loved it Caz Frear Tense and suspenseful a delicious slice of suburban noir shot through with secrets lies paranoia and the unsettling claustrophobia of a staunchly closed community Kia Abdullah Intention Charlotte Barnes,2019-01-30 A stunning debut psychological thriller perfect for fans of domestic noir *His Other Secret (A Stella Fall Psychological Suspense Thriller—Book Three)* Ava Strong,2021-11-09 When a popular local fitness instructor is found murdered in a wealthy suburb FBI Special Agent Stella Fall is dispatched to an ultra exclusive Connecticut coastal town She soon discovers the town is rife with secrets and pulls back the veil on a circle of cheating wives who had turned their cycling class into a cult HIS OTHER SECRET is book 3 in a new psychological suspense series by debut

author Ava Strong which begins with HIS OTHER WIFE Book 1 In this insular exclusive yacht club community no one is talking everything seems perfect But behind the perfect facades everything Stella soon learns is rotten to its core This gossipy and back biting town is hiding sinister secrets and vendettas and Stella recognizing it from her own past is determined to use her brilliant mind to probe their psychology and out the killer Meanwhile Stella can t help but feel a connection to her new FBI partner But when she is summoned to unexpectedly confront her demeaning narcissistic mother about the secrets of her past old wounds are stirred up in Stella s fragile psyche The shocking revelations of her childhood may just derail her for good A fast paced psychological suspense thriller with unforgettable characters and heart pounding suspense HIS OTHER SECRET is book 3 in a riveting new series that will leave you turning pages late into the night Books 4 6 HIS OTHER MISTRESS HIS OTHER LIFE and HIS OTHER TRUTH are now also available

**Over the Edge** Jonathan Kellerman,2008 Jamey Cadmus is clearly a deeply troubled young man Found clutching a bloodied knife at the scene of a brutal double homicide surely he must be the vicious serial killer who s been terrorising LA What other explanation can there be The public are demanding the death penalty but his lawyer is pleading diminished responsibility Psychologist Alex Delaware is asked to make an assessment

**Sara's Game: A Psychological Thriller** Ernie Lindsey,2014-08-21 As her world shatters the game is only beginning Two years after Sara s husband disappeared without a trace her life takes a darker turn her three children vanish from school leaving behind nothing but an ominous cryptic note under her windshield that reads Are you ready to play the game Dive into a heart pounding journey in Sara s Game A Psychological Thriller a USA Today bestseller that has captivated over half a million readers worldwide Discover the depths of a mother s resolve in this chilling suspense filled psychological thriller Grab your copy today and join Sara in a game where the stakes are life itself

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