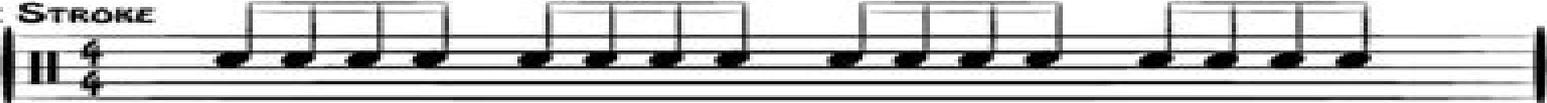


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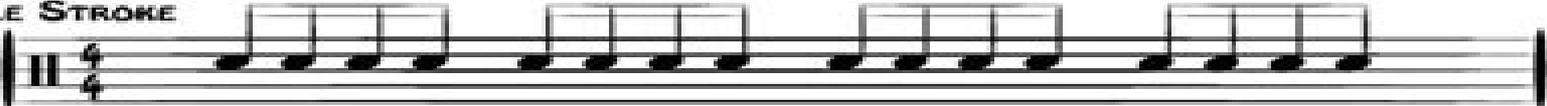
**SINGLE STROKE ROLL**

R L R L R L R L R L R L R L R L R L R L



**DOUBLE STROKE ROLL**

R R L L R R L L R R L L R R L L



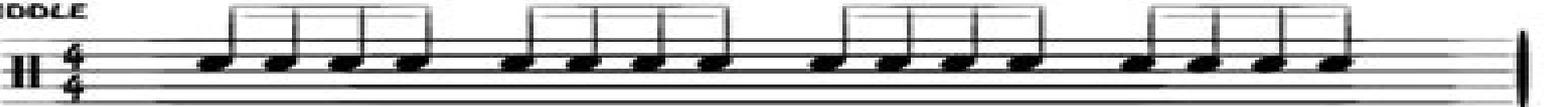
**FLAM**

L R R L L R R L



**PARADIDDLE**

R L R R L R L L R L R R L R L L



R = RIGHT HAND  
L = LEFT HAND

# Quantique Rudiments

**Wolfgang Guggemos**



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