

# CAREER PLANNING

Use this worksheet to discover your dream career.

What are your Passions, Experience, Lifestyle & Financial Goals and Values?

## PASSIONS

(What kind of work would excite you the most? What do you enjoy doing? What type of challenges would you like to be solving? If money were no object what would you want to do for work?)

## EDUCATION, TRAINING, EXPERIENCES

(What would you say your top 3 strengths are?)

## LIFESTYLE & FINANCIAL GOALS

(What would you like your life to look like in 5 years? Where would you be in your career? Who would you be working with? Do you enjoy a smaller start-up or a larger corporation? Do you want a lot of structure or more flexibility?)

## VALUES

(Write down your top personal and professional values. Think in words such as: family, financial success, innovation, creativity, community, teaching growth etc.)

# Career Planning For Teens Framework

**Peter R. Golia**



## **Career Planning For Teens Framework:**

**Young People's Career Development and Wellbeing** Elizabeth Knight, Belgin Okay-Somerville, 2024-10-22 This book explores how career development experiences during education are relevant for wellbeing in youth career transitions from an interdisciplinary lens using longitudinal data from different national educational contexts Seven empirical chapters culminate in a conceptual model and recommendations for careers and wellbeing oriented prevention and intervention programs to assist young people as they transition into the world of work Following a foreword by Professor Stephen Lamb the Springer International Study of City Youth series editor and introduction by the editors the book consists of empirical chapters based in six national and educational contexts focusing specifically on schooling higher education and transitions between compulsory schooling and young adulthood Each national context chapter generates insights based on a longitudinal cohort study with at least two data points concerning information on young people s career development and wellbeing The empirical chapters are followed by discussion and conclusion chapters by the editors The editors reflect on the evidence generated in this book and question what we know about the relevance of career development experiences on young people s wellbeing during education to work transitions Implications of these empirical findings on career interventions and policy making across the educational systems are discussed The contributions in this book show that career development experiences while in education matters not only for employment outcomes but also for our subjective wellbeing in early careers Key conclusions point towards a need for theoretically integrating i the sensemaking role of time ii resource based approaches to careers as well as iii the efficacy of career development experiences to overcome structural inequalities Methodologically this book shows the value of nationally representative longitudinal datasets that focus on young people s educational and labour market experiences

**Resources in Education** ,1981 **Toward an Ecology of Youth Career Development** Chong-Hee Yoon Chin,1986 Career Development as a Partner in Nation Building Australia Wendy Patton,2019-07-15 Despite examples of vocational guidance practice being evident in Australia since the mid 1800s there remains a spasmodic and patchwork approach to practice across the country For decades it is a field which has been paradoxically boosted and challenged by changing economic and political agendas Repeated international national and State reviews emphasise the vital nature of a systemic national approach to career development however authors repeatedly lament the lack of a sustained focus on career activity as a major national priority There is no broad comprehensive historical reckoning of the history of career development theory and practice in Australia since this early period Career development theory and practice in Australia has been forged in partnership with developments in an international context In documenting the shared history with other countries the author significantly adds to the body of knowledge on career development as a field in Australia and internationally The book provides new understandings about the historical development of this field of knowledge and in particular the challenging and cyclical nature of its policy history **Career**

**Development, Employment, and Disability in Rehabilitation** David Strauser, David R. Strauser, 2013-09-17 This text provides from a rehabilitation perspective comprehensive coverage of the dominant theories and techniques related to the occupational development vocational behavior and the organizational factors that impact the career development and employment of individuals with disabilities It is designed for the CORE mandated required course on employment and career development for the Master s Degree in rehabilitation counseling and for Licensed Professional Counselor certification As the only book in rehabilitation and counseling that broadly addresses career development and employment of individuals with disabilities it is a major contribution to the literature Topics covered include major constructs in career development and employment of disabled individuals theoretical foundations occupational assessment information and evaluation intervention strategies and populations and settings To facilitate learning and promote application of theories and techniques each chapter includes chapter objectives discussion and review questions and case studies An instructor s manual is also included

**Key Features** The only book in rehabilitation and counseling to provide comprehensive coverage of career development and employment and disability related theory and research Fulfills CORE mandated requirements and Professional Counselor licensure Authored by respected leaders in the field Provides chapter objectives case examples and discussion questions in each chapter along with instructor s manual

*Youth Work in the Commonwealth* Commonwealth Secretariat, 2017-09-04 Youth Work in the Commonwealth A Growth Profession establishes a baseline to inform the planning and implementation of initiatives to professionalise youth work in Commonwealth member countries The study was conducted in 35 countries in the Africa Asia the Caribbean Americas Europe and Pacific regions It catalogues the extent to which the youth work profession is formally recognised in these countries and examines the qualities and rights based ethos of the various forms of youth work promoted and practised in the Commonwealth The report aims to help countries learn from good practices and assess gaps in establishing youth work as a recognised profession in diverse contexts

*Pathways to Successful Transition for Youth with Disabilities* Gary Greene, Carol Kochhar, 2003 The sex education you never got what to do when the sex is over and you re left with an Ex In 1969 David Reuben MD published his groundbreaking book Everything You Always Wanted to Know About Sex Forty years later we know plenty about sex The thing we re so confused about however is what to do when the sex is over and you re left with an Ex In the age of Google Facebook and Twitter it s almost impossible to leave the past behind Everything You Always Wanted to Know About Ex is the answer for any woman whose former relationship is keeping her from finding true love Written by two family therapists this book helps readers learn Who holds the power in your Ex relationships The best way to deal with an unavoidable Ex Solutions to everyday Ex issues including kids How to handle your boyfriend s or husband s Exes How to get resolution with any Ex How to learn from your Exes so as to make a better choice the next time This sassy take charge manual is a must read for any woman who has an Ex Praise for Everything You Always Wanted to Know About Ex No matter how codependent or crazy your relationship with your Ex has been this book will show

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*The Development of Career Interests from Early to Late Adolescence* Peter R. Golia,1990 *Journal of Career Development* ,1999 *Career Education* Educational Resources Information Center (U.S.),1973 **Rural Community Perspectives Toward Career Development** ,1977 *Work Related Abstracts* ,1994 **Youth in the Workplace, the Dynamics of Learner Needs and Work Roles** Richard J. Miguel,Lester F. Jipp,1981 **Current Index to Journals in Education** ,2002 **Parents and Schools** Anne M. Bauer,Thomas M. Shea,2003 The challenges of teaching a child who has a disability are many and varied Nothing helps the process more than strong collaboration between the child s teachers and the child s parents This new book is all about creating that collaboration maintaining it and using it to help children who have disabilities reach their personal educational potential The authors take a developmental approach to their subject focusing on the uniqueness of each family and each child from infancy through the primary grades to middle school high school and adulthood Throughout the book the voices of real parents lend authenticity to the material and the essential role of the family in the education of its children is seen as of paramount importance This book also addresses current educational trends toward maximum inclusion for all children children with ethnic cultural and linguistic differences as well as those with physical and mental disabilities For Special Education teachers **Resources in Education** ,1997 *The History of Youth Work in Europe* Griet Verschelden,Council of Europe,2009 Youth work takes place in a wide range of settings varies from unstructured activities to fairly structured programs reaches a diverse array of young people touches upon many different themes and cuts across several other disciplines and practices This versatility is one of its strengths but at the same time it may lead to fragmentation and product vagueness This book takes a historical perspective that aims to identify the close links between youth work developments and broader social cultural and political developments What are the beliefs and concepts that underpin youth work How do they relate to the recurrent youth work paradox that youth work produces active and democratic citizens but at the same time seems ineffective for young people who are excluded from active citizenship The

different authors highlight the youth work policies in Belgium Flanders Germany England Poland Malta France and Finland  
Publisher s description Making Sense of Federal Employment and Training Policy for Youth and Adults. Volume II  
American Youth Policy Forum, Washington, DC.,1995 This document contains 27 essays and 5 policy statements regarding  
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joint statement by Senators Kennedy and Kassenbaum excerpted from Congressional Record June 9 1994 MN **The**  
**Career Development Quarterly** ,2009 *Encyclopedia of Career Development* Jeffrey H. Greenhaus, Gerard A.  
Callanan,2006 Publisher description

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