

The Formation and Structure of the Human Psyche

Id, Ego, and Super-Ego - The Dynamic (Libidinal) and Static Unconsciousness, Sublimation, and the Social Dimension of Identity Formation

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As humans our behavior, our thoughts and actions, are the product of our psyche. In order to have an understanding of why we behave as we do, it is necessary to identify the formation and structure of the human psyche. Sigmund Freud's work in the field of psychoanalysis was ground breaking because it answered questions about the human psyche in a way that no one else had before him. This paper will explore Freud's conception of the formation and structure of the human psyche. It will discuss the shift from a static to a dynamic (libidinal) conception of unconsciousness, sublimation and its fundamental role not only in an individual's psychological development but also in psychological development from a cultural perspective, and finally it will explore the social dimension of identity formation. Explication of these concepts will clarify the role of the human psyche in governing human behavior on both an individual and societal level.

Freud analyzes the human psyche in terms of three elements, which he calls, the Id, Ego, and Super-Ego. In order to obtain an understanding as to why humans behave as they do, it is necessary to examine all three.

The Id is the unorganized part of the psyche that contains a human's instinctual drives. The Id is the only part of the psyche that is present at birth and it is the source of our bodily needs, wants, desires, and impulses; particularly our sexual and aggressive drives. The Id is an entirely unconscious aspect of the psyche and, according to Freud, is the "source of all psychic energy"; thus making it the primary component of personality. Freud claimed that the Id acts according to the pleasure principle and that the Id contains the libido, which is the primary source of instinctual force that is unresponsive to the demands of reality.¹

The pleasure principle drives the Id to seek immediate gratification of all needs, wants, and desires. Clearly instant gratification of these desires is not always possible and thus psychological tension is created that needs to somehow be discharged. The Id remedies this tension through, what Freud called, Primary Process. The Id uses Primary Process to fulfill the need to act on an urge that is dangerous or unacceptable by creating a mental image of the desired object to substitute for the urge. This mental representation then diffuses psychological tension and relieves anxiety. Daydreaming and masturbation would be common examples of the Primary Process. To elaborate, Freud believed that when a person masturbated it was to relieve sexual tensions that they were experiencing. The act of masturbation proceeds from a mental image that then substitutes for the object of sexual desire in reality. Masturbation provides, what Freud thought, to be a perfect image of one's sexual desires. It allows that person to be in complete control of their experience and it is because of this that some actually argue that masturbation is better than sex.

The desires of the Id give rise to the Ego, which is generally the component of the psyche that ensures that the impulses of the Id are expressed in a way that is acceptable to the real world. The Ego operates according to the reality principle. In order to better understand the role of the Ego it is necessary to first discuss the three stages of consciousness and how they each function.

Freud equates consciousness with awareness. He believed that our behavior and personality derives from the constant and unique interaction of conflicting psychological forces that operate at the three levels of consciousness, or awareness.² The conscious mind includes everything that we are aware of. It is the aspect

The Formation And Structure Of The Human Psyche Fau

**Andrzej Nowak, Katarzyna Winkowska-
Nowak, David Brée**

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Infection Prevention and Control Paul Elliott, Julie Storr, Annette Jeanes, 2023-06-01 An understanding of the social sciences within infection prevention and control IPC is important for those working in health and social care This new book Infection Prevention and Control A Social Science Perspective positions the specialty of IPC as more than a technical discipline concerned with microbes It is about people and their behaviour in context and the book therefore explores a number of relevant social sciences and their relationship to IPC across different contexts and cultures IPC is relevant to every person who works in and accesses health care and it remains a global challenge Exploring novel approaches and perspectives that expand our collective horizons in an ever changing and evolving IPC landscape therefore makes sense Key Features Offers new perspectives beyond the topic area of infection prevention and control to push the frontiers of knowledge and to challenge the status quo Interprofessional in nature and relevant to all those involved in the provision of medicine health and social care irrespective of their roles Truly international in nature in that the chapters have been developed by a range of individuals from across the globe

Physics of the Human Mind Ihor Lubashevsky, 2017-02-12 This book tackles the challenging question which mathematical formalisms and possibly new physical notions should be developed for quantitatively describing human cognition and behavior in addition to the ones already developed in the physical and cognitive sciences Indeed physics is widely used in modeling social systems where in particular new branches of science such as sociophysics and econophysics have arisen However many if not most characteristic features of humans like willingness emotions memory future prediction and moral norms to name but a few are not yet properly reflected in the paradigms of physical thought and theory The choice of a relevant formalism for modeling mental phenomena requires the comprehension of the general philosophical questions related to the mind body problem Plausible answers to these questions are investigated and reviewed notions and concepts to be used or to be taken into account are developed and some challenging questions are posed as open problems This text addresses theoretical physicists and neuroscientists modeling any systems and processes where human factors play a crucial role philosophers interested in applying philosophical concepts to the construction of mathematical models and the mathematically oriented psychologists and sociologists whose research is fundamentally related to modeling mental processes

Determinism and Self-Organization of Human Perception and Performance Till Frank, 2019-11-04 This book discusses human perception and performance within the framework of the theory of self organizing systems To that end it presents a variety of phenomena and experimental findings in the research field and provides an introduction to the theory of self organization with a focus on amplitude equations order parameter and Lotka Volterra equations The book demonstrates that relating the experimental findings to the mathematical models provides an explicit account for the causal nature of human perception and performance In particular the notion of determinism versus free will is discussed in this context The book is divided into four main parts the first of which discusses

the relationship between the concept of determinism and the fundamental laws of physics The second part provides an introduction to using the self organization approach from physics to understand human perception and performance a strategy used throughout the remainder of the book to connect experimental findings and mathematical models In turn the third part of the book focuses on investigating performance guided by perception climbing stairs and grasping tools are presented in detail Perceptually relevant bifurcation parameters in the mathematical models are also identified e g in the context of walk to run gait transitions Chains of perceptions and actions together with their underlying mechanisms are then presented and a number of experimental phenomena such as selective attention priming child play bistable perception retrieval induced forgetting functional fixedness and memory effects exhibiting hysteresis with positive or negative sign are discussed Human judgment making internal experiences such as dreaming and thinking and Freud s concept of consciousness are also addressed The fourth and last part of the book explores several specific topics such as learning social interactions between two people life trajectories and applications in clinical psychology In particular episodes of mania and depression under bipolar disorder perception under schizophrenia and obsessive compulsive rituals are discussed This book is intended for researchers and graduate students in psychology physics applied mathematics kinesiology and the sport sciences who want to learn about the foundations of the field Written for a mixed audience the experiments and concepts are presented using non technical language throughout In addition each chapter includes more advanced sections for modelers in the fields of physics and applied mathematics

Dynamics of Joint-Action, Social Coordination and Multi-Agent Activity Michael J. Richardson, Richard C. Schmidt, Rick Dale, Rachel W. Kallen, Joanna Raczaszek-Leonardi, 2018-02-28

Physics of the Human Temporality Ihor Lubashevsky, Natalie Plavinska, 2021-10-21 This book presents a novel account of the human temporal dimension called the human temporality and develops a special mathematical formalism for describing such an object as the human mind One of the characteristic features of the human mind is its temporal extent For objects of physical reality only the present exists which may be conceived as a point like moment in time In the human temporality the past retained in the memory the imaginary future and the present coexist and are closely intertwined and impact one another This book focuses on one of the fragments of the human temporality called the complex present A detailed analysis of the classical and modern concepts has enabled the authors to put forward the idea of the multi component structure of the present For the concept of the complex present the authors proposed a novel account that involves a qualitative description and a special mathematical formalism This formalism takes into account human goal oriented behavior and uncertainty in human perception The present book can be interesting for theoreticians physicists dealing with modeling systems where the human factor plays a crucial role philosophers who are interested in applying philosophical concepts to constructing mathematical models and psychologists whose research is related to modeling mental processes

Complex Human Dynamics Andrzej Nowak, Katarzyna Winkowska-Nowak, David Brée, 2013-01-08 This book

edited and authored by a closely collaborating network of social scientists and psychologists recasts typical research topics in these fields into the language of nonlinear dynamic and complex systems The aim is to provide scientists with different backgrounds physics applied mathematics and computer sciences with the opportunity to apply the tools of their trade to an altogether new range of possible applications At the same time this book will serve as a first reference for a new generation of social scientists and psychologists wishing to familiarize themselves with the new methodology and the thinking in complexity

The Psychology of Prejudice and Discrimination Jean Lau Chin, 2004-12-30 Long after the end of the Civil War the Civil Rights Movement of the 1960s desegregation in the schools the abolition of anti Asian legislation and the Women s Movement the pernicious effects of prejudice and discrimination in U S society are still evident Despite efforts to eradicate the injustice against people based on race ethnicity gender disability or other elements prejudice and discrimination remain In most cases the display is more covert than in years past Today the United States is embroiled in battles regarding Gay rights Bias and disparities in services opportunities and practices affect quality of life health and mental health for all peoples In these volumes focused on the psychology at issue experts from across the nation and in different fields examine the state of prejudice and discrimination in America today and each offers practical direction that can be taken by individuals communities and officials to create a more just society Each chapter offers a toolbox of information on how to cope how to keep oneself whole how to seek validation of identity how to raise children to dispel unfair images and perceptions and how to work for societal change

Windows to the Mind Sandra Handl, Hans-Jörg Schmid, 2011-01-27 Cognitive linguists are convinced that the nature of linguistic structures is strongly influenced by the way we experience and perceive the world and by how we conceptualize and construe these experiences and perceptions in our minds At the same time the study of linguistic structure and usage is credited with the potential to open windows to how our minds work The present volume collects papers investigating linguistic phenomena that reflect the key cognitive processes of metaphor metonymy and conceptual blending which have proven to be highly influential in linguistic conceptualization Theoretical and methodological issues such as metaphor identification and the relevance of the target domain for children s understanding of metaphor are focused on in the first section The second and third parts are devoted to the application of the theoretical frameworks of the conceptual theory of metaphor and metonymy and the theory of conceptual blending to linguistic data The contributions critically explore the explanatory potential of these theories build bridges between them link them with other approaches and notions such as construction grammar common ground and stance evaluation and uncover conceptual regularities and cognitive models that underlie and shape our language use in specific domains The linguistic structures under consideration span the range from compounds and premodified noun phrases to constructions and texts such as jokes and political speeches Methods applied include psycholinguistic experiments analyses of data culled from authentic language corpora and discourse analytical approaches

Masters Abstracts International ,1985 *The*

Naturalists' Leisure Hour and Monthly Bulletin ,1888 *The Impact of Parenthood on the Therapeutic Relationship* April E. Fallon, Virginia Brabender, 2017-08-04 This volume covers the range of reactions that both patients and clients have to the circumstance of a child entering the therapist's family Through research the authors show these reactions can be extremely powerful and when fully explored can be used to advance the therapy and the development of the patient Rich clinical illustrations are provided throughout the text In addition the reader is offered many therapeutic strategies for working with patient therapist reactions as they unfold Many practical issues arise in conjunction with this life transition Examples include announcing a pregnancy or an imminent adoption planning parental leave and covering the patient's needs during the hiatus In this second edition therapists who are members of LGBT families and single parent families are described in terms of their special needs challenges and resources This updated edition also contains a new chapter on special problems that can arise during pregnancy Handbook of Child Psychology, Cognition, Perception, and Language William Damon, 1997-10-07 This four volume handbook is the definitive reference in the field of child development It serves as a sourcebook encyclopedia and research review Linguistics and Language Behavior Abstracts ,2007-04 **Dissertation Abstracts International** ,2005 **American Book Publishing Record** ,1984-04 **American Sociological Review** ,1936 Includes sections Book reviews and Periodical literature **PASCAL explore** ,1989 *American Doctoral Dissertations* ,2000 **Society for Neuroscience Abstracts** Society for Neuroscience. Meeting, 1997 *Comprehensive Dissertation Index* ,1984

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