

GROWTH MINDSET

MISTAKES
HELP ME
LEARN

FEEDBACK IS
VALUABLE

I IMPROVE
WITH
PRACTICE

IS THIS
MY BEST
WORK?

I WON'T
GIVE UP



FIXED MINDSET

I WANT TO
AVOID MAKING
MISTAKES

I'LL NEVER BE
THAT SMART

I KNOW
BEST

I
GIVE UP

THIS IS
GOOD
ENOUGH



Self Help Mindset Reference

Patrick Vollmar



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chris s name was called out she also noticeably stopped clapping until the next nominees yung bleu and nicki minaj were mentioned mtv via twitter popbase needless to say the footage of selena quickly went viral

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