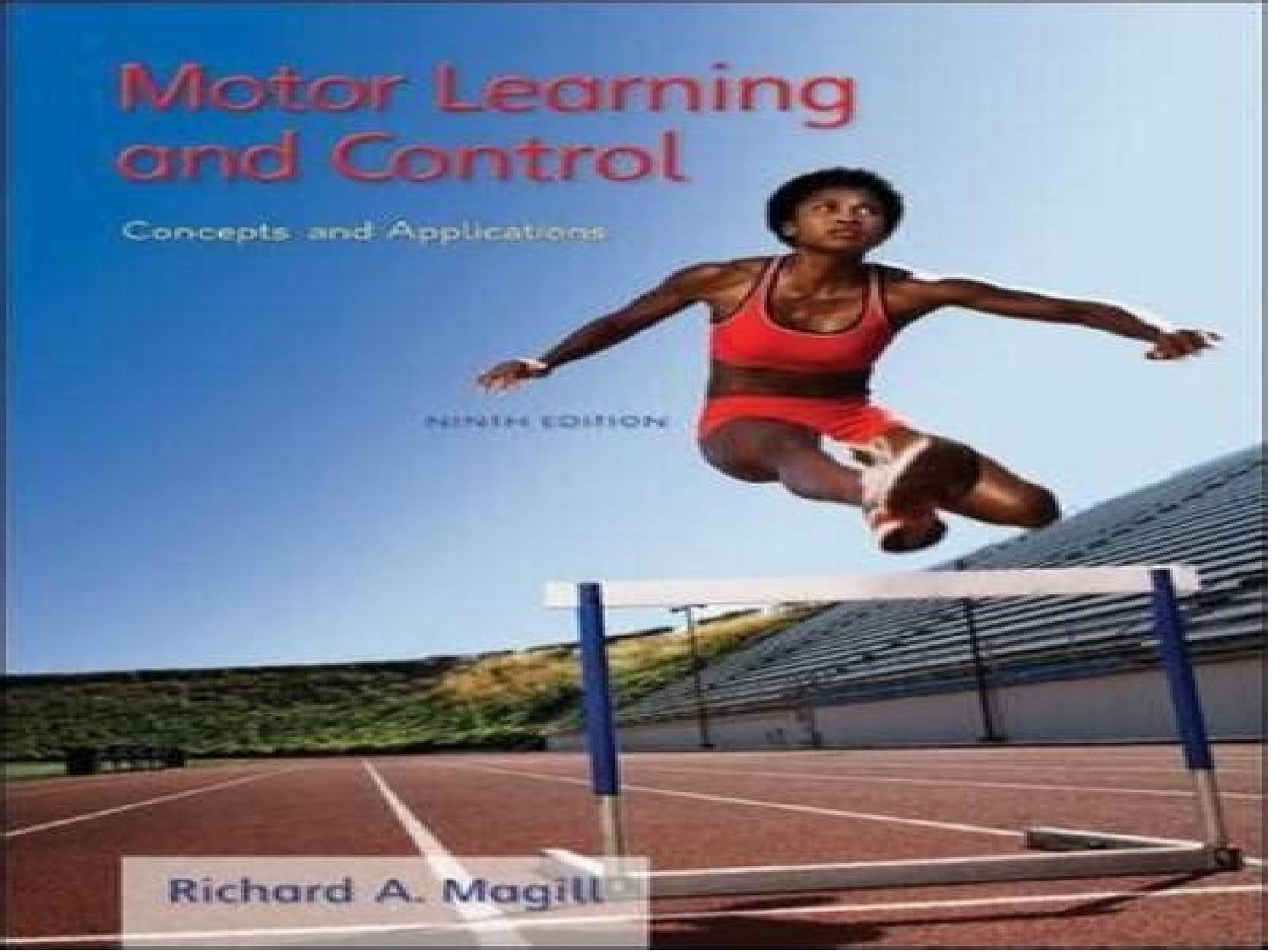


Motor Learning and Control

Concepts and Applications

NINTH EDITION

Richard A. Magill

A female athlete in a red leotard is captured mid-air, jumping over a hurdle on a track. The background shows a stadium with bleachers under a clear blue sky. The text 'Motor Learning and Control' is at the top, 'Concepts and Applications' is below it, 'NINTH EDITION' is in the middle, and 'Richard A. Magill' is at the bottom left.

Motor Learning And Control Magill 9th Edition

Yijin Wang



Motor Learning And Control Magill 9th Edition:

Motor Learning and Control for Dance Donna Krasnow, Mary Virginia Wilmerding, 2015-06-22 As dance training evolves and becomes more complex knowledge of motor behavior is foundational in helping dancers learn and master new skills and become more efficient in integrating the skills Motor Learning and Control for Dance is the first resource to address motor learning theory from a dance perspective Educators and students preparing to teach will learn practical ways to connect the science behind dance to pedagogy in order to prepare dancers for performance Dancers interested in performance from the recreational to professional levels will learn ways to enhance their technical and artistic progress In language accessible even to those with no science background Motor Learning and Control for Dance showcases principles and practices for students artists and teachers The text offers a perspective on movement education not found in traditional dance training while adding to a palette of tools and strategies for improving dance instruction and performance Aspiring dancers and instructors will explore how to develop motor skills how to control movement on all levels and most important how motor skills are best taught and learned The authors noted experts on motor learning and motor control in the dance world explore these features that appeal to students and instructors alike Dance specific photos examples and figures illustrate how to solve common problems various dance genres The 16 chapters prepare dance educators to teach dancers of all ages and abilities and support the development of dance artists and students in training and performance An extensive bibliography of sports and dance science literature allows teachers and performers to do their own research A glossary with a list of key terms at the back of the book Part I presents an overview of motor behavior covering motor development from birth to early adulthood It provides the essential information for teaching posture control and balance the locomotor skills underlying a range of complex dance skills and the ballistic skills that are difficult to teach and learn such as grand battement and movements in street dance Part II explores motor control and how movement is planned initiated and executed Readers will learn how the nervous system organizes the coordination of movement the effects of anxiety and states of arousal on dance performance how to integrate the senses into movement and how speed and accuracy interact Part III investigates methods of motor learning for dancers of all ages Readers will explore how to implement a variety of instructional strategies determine the best approaches for learning dance skills and motivate and inspire dancers This section also discusses how various methods of practice can help or hinder dancers strategies for improving the recall of dance skills and sequences and how to embrace somatic practice and its contribution to understanding imagery and motor learning Motor Learning and Control for Dance addresses many related topics that are important to the discipline such as imagery and improvisation This book will help performers and teachers blend science with pedagogy to meet the challenge of artistry and technique in preparing for dance performance Motor Learning and Control: Concepts and Applications Richard Magill, 2011 Designed for introductory students this text provides the reader with a solid research base and defines

difficult material by identifying concepts and demonstrating applications for each of those concepts Motor Learning and Control Concepts and Applications also includes references for all relevant material to encourage students to examine the research for themselves

Motor Learning and Control Richard A. Magill,2004 Designed for introductory students this text provides a solid research base and presents difficult material by identifying a concept and then demonstrating its application References for additional relevant material are also included to encourage students to examine further research themselves The title has been changed from Motor Learning to Motor Learning and Control to better reflect the text s coverage

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Motor Learning and Control: Concepts and Applications David Anderson,Richard Magill,2016-07-08 Motor Learning and Control Concepts and Applications provides an introductory study of motor learning and control for students who aspire to become practitioners in exercise science physical education and other movement oriented professions The text opens with an introduction to motor skills and control continues through attention memory and learning and ends with a discussion of instruction feedback and practice methods The text s strong research base clear presentation and practical applications will help students build a solid foundation in motor skills and prepare them for further exploration on their own Instructors and students can now access their course content through the Connect digital learning platform by purchasing either standalone Connect access or a bundle of print and Connect access McGraw Hill Connect is a subscription based learning service

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