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Better Work Habits Rachel Salisbury,1966

The 4 Habits of Joy-Filled Marriages Marcus Warner,Chris M. Coursey,2019-04-02 What separates happy marriages from miserable ones Surprisingly it s not healthy communication It s not conflict resolution skills It s actually the size of the marriage s joy gap Joy Gap joi gap n 1 The length of time between moments of shared joy When the joy gap gets bigger problems are more likely to overwhelm you resentment creeps in and you start to feel distant and alone in your marriage When the joy gap is smaller you regularly feel connected and happy problems feel manageable

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