

## Preferred Practice Patterns: APTA Guide to Physical Therapist Practice<sup>4</sup>

### ■ MUSCULOSKELETAL

**Pattern A:** Primary Prevention/Risk Reduction for Skeletal Demineralization

**Pattern B:** Impaired Posture

**Pattern C:** Impaired Muscle Performance

**Pattern D:** Impaired Joint Mobility, Motor Function, Muscle Performance, and Range of Motion Associated With Connective Tissue Dysfunction

**Pattern E:** Impaired Joint Mobility, Motor Function, Muscle Performance, and Range of Motion Associated With Localized Inflammation

**Pattern F:** Impaired Joint Mobility, Motor Function, Muscle Performance, Range of Motion, and Reflex Integrity Associated With Spinal Disorders

**Pattern G:** Impaired Joint Mobility, Motor Function, Muscle Performance, Range of Motion Associated With Fracture

**Pattern H:** Impaired Joint Mobility, Motor Function, Muscle Performance, Range of Motion Associated With Joint Arthropathy

**Pattern I:** Impaired Joint Mobility, Motor Function, Muscle Performance, Range of Motion Associated With Bony or Soft Tissue Surgery

**Pattern J:** Impaired Motor Function, Muscle Performance, Range of Motion, Gait, Locomotion, and Balance Associated With Amputation

### ■ NEUROMUSCULAR

**Pattern A:** Primary Prevention/Risk Reduction for Loss of Balance and Falling

**Pattern B:** Impaired Neuromotor Development

**Pattern C:** Impaired Motor Function and Sensory Integrity Associated With Nonprogressive Disorders of the Central Nervous System—Congenital Origin or Acquired in Infancy or Childhood

**Pattern D:** Impaired Motor Function and Sensory Integrity Associated With Nonprogressive Disorders of the Central Nervous System—Acquired in Adolescence or Adulthood

**Pattern E:** Impaired Motor Function and Sensory Integrity Associated With Progressive Disorders of the Central Nervous System

**Pattern F:** Impaired Peripheral Nerve Integrity and Muscle Performance Associated With Peripheral Nerve Injury

**Pattern G:** Impaired Motor Function and Sensory Integrity Associated With Acute or Chronic Polyneuropathies

**Pattern H:** Impaired Motor Function, Peripheral Nerve Integrity, and Sensory Integrity Associated With Nonprogressive Disorders of the Spinal Cord

**Pattern I:** Impaired Arousal, Range of Motion, and Motor Control Associated With Coma, Near Coma, or Vegetative State

### ■ CARDIOVASCULAR/ PULMONARY

**Pattern A:** Primary Prevention/Risk Reduction for Cardiovascular/Pulmonary Disorders

**Pattern B:** Impaired Aerobic Capacity/Endurance Associated With Deconditioning

**Pattern C:** Impaired Ventilation, Respiration/Gas Exchange, and Aerobic Capacity/Endurance Associated With Airway Clearance Dysfunction

**Pattern D:** Impaired Aerobic Capacity/Endurance Associated With Cardiovascular Pump Dysfunction or Failure

**Pattern E:** Impaired Ventilation, Respiration/Gas Exchange Associated With Ventilatory Pump Dysfunction or Failure

**Pattern F:** Impaired Ventilation, Respiration/Gas Exchange Associated With Respiratory Failure

**Pattern G:** Impaired Ventilation, Respiration/Gas Exchange, and Aerobic Capacity/Endurance Associated With Respiratory Failure in the Neonate

**Pattern H:** Impaired Circulation and Anthropometric Dimensions Associated With Lymphatic System Disorders

### ■ INTEGUMENTARY

**Pattern A:** Primary Prevention/Risk Reduction for Integumentary Disorders

**Pattern B:** Impaired Integumentary Integrity Associated With Superficial Skin Involvement

**Pattern C:** Impaired Integumentary Integrity Associated With Partial-Thickness Skin Involvement and Scar Formation

**Pattern D:** Impaired Integumentary Integrity Associated With Full-Thickness Skin Involvement and Scar Formation

**Pattern E:** Impaired Integumentary Integrity Associated With Skin

# Apta Guide To Physical Therapist Practice

**F Rizvi**



**Apta Guide To Physical Therapist Practice:**

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