



## Case Study 4 Coronary Artery Disease and Heart Failure

**Difficulty:** Intermediate

**Setting:** Outpatient clinic

**Index Words:** coronary artery disease (CAD), heart failure (HF), laboratory values, medications, therapeutic nutrition, echocardiogram

**Global Concepts:** Care Coordination, Perfusion, Patient Education

**HEM Concepts:** Assessment, Care Coordination, Perfusion, Patient Education

### Scenario

You are working in the internal medicine clinic of a large teaching hospital. Today your first patient is 70-year-old J.M., a man who has been coming to the clinic for several years for management of coronary artery disease (CAD) and hypertension (HTN). A cardiac catheterization done a year ago showed 50% stenosis of the circumflex coronary artery. He has had episodes of dizziness for the past 6 months and orthostatic hypotension, shoulder discomfort, and decreased exercise tolerance for the past 2 months. On his last clinic visit 3 weeks ago, a chest x-ray (CXR) examination revealed cardiomegaly, and a 12-lead electrocardiogram (ECG) showed sinus tachycardia with left bundle branch block (LBBB). You review J.M.'s morning blood work and initial assessment.

### Chart View

#### Laboratory Results

##### Chemistry

Sodium	142 mEq/L
Chloride	95 mEq/L
Potassium	3.9 mEq/L
Creatinine	0.8 mg/dL
Glucose	82 mg/dL
BUN	19 mg/dL

##### Complete Blood Count

WBC	5400/mm <sup>3</sup>
Hgb	11.5 g/dL
Hct	37%
Platelets	229,000/mm <sup>3</sup>

#### Initial Assessment

Complaints of increased fatigue and shortness of breath, especially with activity, and "waking up gasping for breath" at night for the past 2 days.

##### Vital Signs

Temperature	97.9° F (36.6° C)
Blood pressure (BP)	142/83 mm Hg
Heart rate	105 beats/min
Respiratory rate	18 breaths/min

# Case Study 4 Heart Of Cardiology

**J Elliott**



## **Case Study 4 Heart Of Cardiology:**

The book delves into Case Study 4 Heart Of Cardiology. Case Study 4 Heart Of Cardiology is a crucial topic that must be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Case Study 4 Heart Of Cardiology, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
    - Chapter 1: Introduction to Case Study 4 Heart Of Cardiology
    - Chapter 2: Essential Elements of Case Study 4 Heart Of Cardiology
    - Chapter 3: Case Study 4 Heart Of Cardiology in Everyday Life
    - Chapter 4: Case Study 4 Heart Of Cardiology in Specific Contexts
    - Chapter 5: Conclusion
  2. In chapter 1, this book will provide an overview of Case Study 4 Heart Of Cardiology. The first chapter will explore what Case Study 4 Heart Of Cardiology is, why Case Study 4 Heart Of Cardiology is vital, and how to effectively learn about Case Study 4 Heart Of Cardiology.
  3. In chapter 2, this book will delve into the foundational concepts of Case Study 4 Heart Of Cardiology. The second chapter will elucidate the essential principles that must be understood to grasp Case Study 4 Heart Of Cardiology in its entirety.
  4. In chapter 3, the author will examine the practical applications of Case Study 4 Heart Of Cardiology in daily life. The third chapter will showcase real-world examples of how Case Study 4 Heart Of Cardiology can be effectively utilized in everyday scenarios.
  5. In chapter 4, the author will scrutinize the relevance of Case Study 4 Heart Of Cardiology in specific contexts. This chapter will explore how Case Study 4 Heart Of Cardiology is applied in specialized fields, such as education, business, and technology.
  6. In chapter 5, the author will draw a conclusion about Case Study 4 Heart Of Cardiology. This chapter will summarize the key points that have been discussed throughout the book.
- The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Case Study 4 Heart Of Cardiology.

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