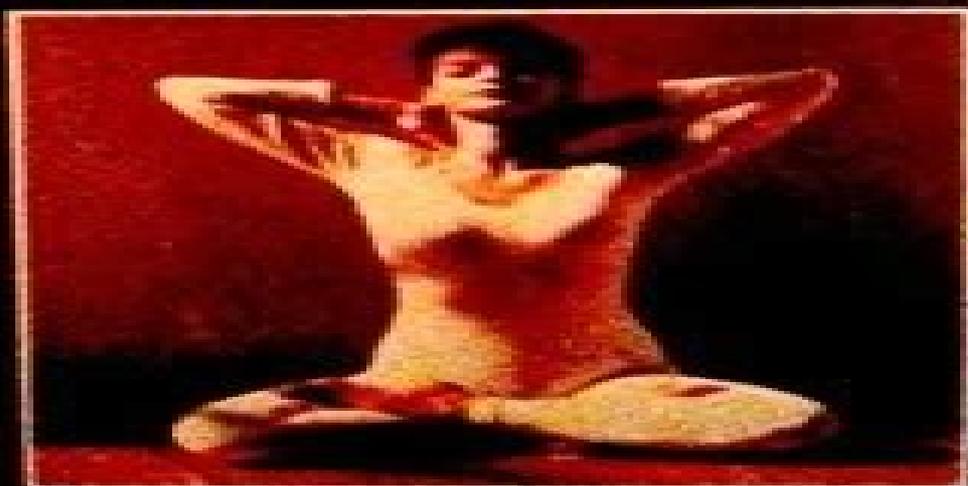


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The Yoga of Breathing, Posture, and Meditation

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Career Change David P. Helfand,1999-06 Topics include adult development layoffs firings voluntary separations fears self esteem women at work minorities over age 50 people with disabilities ex military personnel **Complete Yoga Book** James Hewitt,1977 **The British National Bibliography** Arthur James Wells,1992 **Acupressure, Yoga, and You** Louise Taylor,Betty Bryant,1984 **The British Library General Catalogue of Printed Books, 1986 to 1987** British

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