

40 KEY CULINARY TECHNIQUES & COOKING METHODS EXPLAINED



•GRILLING•

Cooking over direct heat (food is exposed to flames and heat from coals beneath). This can be done over an open fire or a grill grate.



•STEAMING•

Cooking with steam from hot liquid. Food does not come in direct contact with the liquid.



•SEARING•

The surface of food is cooked at a high temperature (such as in direct contact with flames) until it achieves a brown, caramelized crust.



•STEWING•

Food is cooked in a liquid with low heat and served in the gravy that is formed from the ingredients.



Practice Workbook Cooking Techniques Manual

Ensheng Dong



Practice Workbook Cooking Techniques Manual:

The United States Catalog ,1901 **Professional Baking** Wayne Gisslen,2004-04-06 One of the most respected cookbooks in the industry the 2002 IACP Cookbook Award Winner for Best Technical Reference Professional Baking brings aspiring pastry chefs and serious home bakers the combined talent of Wayne Gisslen and the prizewinning Le Cordon Bleu in one volume The revised Fourth Edition offers complete instruction in every facet of the baker s craft offering more than 750 recipes including 150 from Le Cordon Bleu for everything from cakes pies pastries and cookies to artisan breads Page after page of clear instruction the hallmark of all Gisslen culinary books will help you master the basics such as pate brisee and puff pastry and confidently hone techniques for making spectacular desserts using spun sugar and other decorative work More than 500 color photographs illustrate ingredients and procedures as well as dozens of stunning breads and finished desserts

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