

## CHAPTER THREE: Drill and turnout

Lesson  
100

### Turnout - Care and cleaning of uniform

- All cadets are issued with full uniform which includes everything except boots.
- The uniform is the same as the British Army wears and is known as HTP-PCS.
- HTP = Multi Terrain Pattern - This is the camouflage pattern on clothing.
- PCS = Personal Clothing System - This is the name of the clothing system.



- HTP-PCS Combat jacket - worn for fieldcraft, shooting and as a warm top layer

"Shaping a beret involves dunking the new beret into warm and then cold water repeatedly until thoroughly soaked (avoid getting the leather band wet). It is then placed on the head and pulled over to the right side to create the correct shape. This should then be left to dry naturally before wearing.

## CHAPTER THREE: Drill and turnout

Lesson  
101

### Turnings at the halt - Right (Left) turn

To learn how to turn correctly, we can break the movement into two parts:

Start in the 'Attention' position

Introductory: "TURNING BY NUMBERS"

#### Cautionary: "RIGHT TURN"

Executive: "ONE"

- Turn through 90 degrees to the right, using the right heel and left toes.
- Keep the weight of the body on the right foot.
- Keep both knees braced back, and body upright.
- At the end of the movement the right foot is flat on the ground and the left leg is to the rear with the heel raised.



#### Cautionary: "SQUAD"

Executive: "TWO"

- Lift the left knee, then drive the left foot to the ground to resume the position of attention.



NOTE 1: When repeating the sequence use the commands, "Squad - One" "Squad - Two"

NOTE 2: When turning to the left, follow instructions above, but reverse all actions.

### Words of command for complete movement:

"TURNING AT THE HALT"

"RIGHT" (or LEFT)

"TURN"

# Paperback Fitness Training Manual

**Matt Roberts**



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## **Table of Contents Paperback Fitness Training Manual**

1. Understanding the eBook Paperback Fitness Training Manual
  - The Rise of Digital Reading Paperback Fitness Training Manual
  - Advantages of eBooks Over Traditional Books
2. Identifying Paperback Fitness Training Manual
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Paperback Fitness Training Manual
  - User-Friendly Interface
4. Exploring eBook Recommendations from Paperback Fitness Training Manual
  - Personalized Recommendations
  - Paperback Fitness Training Manual User Reviews and Ratings
  - Paperback Fitness Training Manual and Bestseller Lists
5. Accessing Paperback Fitness Training Manual Free and Paid eBooks
  - Paperback Fitness Training Manual Public Domain eBooks
  - Paperback Fitness Training Manual eBook Subscription Services
  - Paperback Fitness Training Manual Budget-Friendly Options
6. Navigating Paperback Fitness Training Manual eBook Formats

- ePub, PDF, MOBI, and More
  - Paperback Fitness Training Manual Compatibility with Devices
  - Paperback Fitness Training Manual Enhanced eBook Features
7. Enhancing Your Reading Experience
    - Adjustable Fonts and Text Sizes of Paperback Fitness Training Manual
    - Highlighting and Note-Taking Paperback Fitness Training Manual
    - Interactive Elements Paperback Fitness Training Manual
  8. Staying Engaged with Paperback Fitness Training Manual
    - Joining Online Reading Communities
    - Participating in Virtual Book Clubs
    - Following Authors and Publishers Paperback Fitness Training Manual
  9. Balancing eBooks and Physical Books Paperback Fitness Training Manual
    - Benefits of a Digital Library
    - Creating a Diverse Reading Collection Paperback Fitness Training Manual
  10. Overcoming Reading Challenges
    - Dealing with Digital Eye Strain
    - Minimizing Distractions
    - Managing Screen Time
  11. Cultivating a Reading Routine Paperback Fitness Training Manual
    - Setting Reading Goals Paperback Fitness Training Manual
    - Carving Out Dedicated Reading Time
  12. Sourcing Reliable Information of Paperback Fitness Training Manual
    - Fact-Checking eBook Content of Paperback Fitness Training Manual
    - Distinguishing Credible Sources
  13. Promoting Lifelong Learning
    - Utilizing eBooks for Skill Development
    - Exploring Educational eBooks
  14. Embracing eBook Trends
    - Integration of Multimedia Elements
    - Interactive and Gamified eBooks

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