



Reflective Journal on Clinical Issues

Introduction

Nursing is a multifaceted working field in which makes nurses face many challenging issues during their clinical experience. Reflective practice is one of the major tools within the quiver of an experienced nurse which can be used as a powerful weapon against these multiple clinical issues. Reflective practice helps a nurse to learn from experiences through careful evaluation and analysis of incidents so that she can deal with a new similar situation in a better way. This writing discusses 3 clinical issues using Gibb's model of reflective writing and they are, inadequate staffing, misunderstanding of patient symptoms,s and problems associated with telephonic advice, supported by appropriate journal articles.

Inadequate Nurse–Patient Ratio

Staff shortage is one of the major problems faced by many hospitals in India, especially in public hospitals. Being a nurse experienced in India, I have experienced the problems related to this many times. The following is one of those issues. Around five years back, when I was a newly appointed nurse in one of the public hospitals, I was forced to give care for 40 patients alone due to a staff shortage. I was thinking that, if I cannot complete my routine work faster, I won't be able to receive new admissions. Immediately after handing it over, I started checking vital signs beginning from bed no:1. I was in a hurry to complete my work as there was no one else to help me. When I approached the last patient in the ward, I have noticed that the patient looked irritable

Clinical Reflective Journal Examples

Thomas Griffiths



Clinical Reflective Journal Examples:

Contexts of Nursing John Daly, 2009 *Contexts of Nursing 3e* builds on the strengths of previous editions and continues to provide nursing students with comprehensive coverage of core ideas and perspectives underpinning the practice of nursing the new edition has been thoroughly revised and updated New material on Cultural Awareness and Contemporary Approaches in Nursing has been introduced to reflect the realities of practice Nursing themes are discussed and are supported by illustrated examples and evidence Each chapter focuses on an area of study within the undergraduate nursing program and the new edition continues its dis

Clinical Reasoning in the Health Professions Joy Higgs, Mark A Jones, Stephen Loftus, PhD, MSc, BDS, Nicole Christensen, 2008-02-14 Clinical reasoning is the foundation of professional clinical practice Totally revised and updated this book continues to provide the essential text on the theoretical basis of clinical reasoning in the health professions and examines strategies for assisting learners scholars and clinicians develop their reasoning expertise key chapters revised and updated nature of clinical reasoning sections have been expanded increase in emphasis on collaborative reasoning core model of clinical reasoning has been revised and updated

[Principles of Assessment and Outcome Measurement for Occupational Therapists and Physiotherapists](#) Alison Laver Fawcett, 2013-03-15 This textbook on assessment and outcome measurement is written for both occupational therapy and physiotherapy students and qualified therapists It begins by defining what is meant by assessment outcome evaluation and measurement and discussing the complexity of therapy assessment and measurement including the challenge of measuring human behaviour and the impact of factors such as task demand and context including the environment Methods of data collection e.g. observation interview standardised testing and sources e.g. self report proxy for collecting information about clients are then reviewed and the main purposes of assessment e.g. descriptive evaluative predictive discriminative presented The book then addresses the topics of standardisation levels of measurement reliability validity and clinical utility There is a chapter describing and applying models for categorizing levels of function to aid assessment and measurement The concept of clinical reasoning and reflective practice is then explored Application of principles is supported through detailed case studies and worksheets and the criteria for test critique and guidelines for choosing a particular assessment approach are discussed

Becoming a Reflective Practitioner Christopher Johns, 2009-07-27 From Reviews of the second edition Christopher Johns is an internationally recognised pioneer of reflective practice in nursing and health care The first edition of this book was an excellent resource and this updated version is equally impressive This is a superb resource for nurses and all those eager to enhance their knowledge and skills in reflective practice It is well presented user friendly and stimulating

Nursing Standard *Becoming a Reflective Practitioner* is a practical guide to using reflection in every day clinical practice It explores the value of using models of reflection with particular reference to Christopher Johns own model for structured reflection *Becoming a Reflective Practitioner* includes accounts of everyday practice to guide the reader through the stages

of reflective practice within the context of care desirable practice and the caring relationship This third edition reflects significant developments in reflective theory and gives greater attention to different approaches to reflection including the use of narrative dialogue New chapters are included on ensuring quality and managing conflict Exemplars are included throughout and further references and reflected reading are included at the end of each chapter Reflective practice is acknowledged as an effective approach to developing nursing care which evolves as the practitioner develops his or her own practice This book will therefore be of interest to all nurses involved in developing their clinical practice A practical guide to developing reflective practice Reflects significant developments in reflective theory Examines Christopher Johns own model for structured reflection Centred on care and the caring relationship Challenges practitioners to question their practice

Tabbner's Nursing Care Gabby Koutoukidis, Jodie Hughson, 2012-10 This text covers a wide range of issues surrounding nursing midwifery and health visiting The topics it covers are the structure and functions of the human body nursing care and nursing needs care of the individual with a body system disorder and special aspects of nursing care This edition written for Australia and NZ students Tabbner's Nursing Care Jodie Hughson, 2016-09-01 The only text in the market written specifically for Diploma of Nursing students in Australia and New Zealand Written by Gabrielle Koutoukidis Kate Stainton and Jodie Hughson Tabbner's Nursing Care Theory and Practice 7th edition provides a solid foundation of theoretical knowledge and skills for nursing students embarking on an Enrolled Nurse career Reflecting the current issues and scope of practice for Enrolled Nurses in Australia this new edition focuses on the delivery of person centred care emphasises critical thinking throughout and demonstrates the application of the decision making framework across multiple scenarios Visit elsevier.com AU Koutoukidis Tabbner eBook on VitalSource Teaching resources Image collection all figures and tables from the textbook Test banks Student resources Answer guides to o Case studieso Critical thinking exerciseso Decision making framework exerciseso Review questions Australian Clinical Skills videos demonstrating core skills to help you link the theory to practice Weblinks Two new chapters o Nursing informatics and technology in healthcare o Quality and safety in healthcare 83 Clinical Skills aligned with the new 2016 Nursing and Midwifery Board of Australia Enrolled Nurse EN Standards for Practice to help you understand the skill and translate it into effective clinical practice Exercises on the decision making framework for the EN Examples of progress notes and nursing care plan documentation Aligned with the HLT Health Training Package Supported by a NEW companion skills workbook Essential Enrolled Nursing Skills for Person Centred Care Includes eBook on VitalSource Using Occupational Therapy Theory in Practice Gail Boniface, Alison Seymour, 2012-03-26 Competence in any profession depends upon an understanding of the theory that underlies it This concise and practical text for students and practitioners bridges the gap between occupational therapy theory and clinical practice offering highly practical advice on using theory in practice in a wide range of settings It considers the nature of professional practice and the need for a sound theoretical basis from which to plan implement and justify interventions and

investigates the practical use of occupational therapy theory and the issues such use raises in health and social care settings from a European perspective Every occupational therapy student worldwide needs to know about the underlying theory of their profession and its application to practice The book particularly debates the nature of the theory of occupational therapy via the introduction of the concept of models of the profession as an umbrella for practice all of which is brought to life via case studies incorporating expert advice reflection exercises and assessment and evaluation forms

Clinical Reasoning in the Health Professions E-Book Joy Higgs, Mark A Jones, Stephen Loftus, Nicole Christensen, 2008-02-18 Clinical reasoning is the foundation of professional clinical practice Totally revised and updated this book continues to provide the essential text on the theoretical basis of clinical reasoning in the health professions and examines strategies for assisting learners scholars and clinicians develop their reasoning expertise key chapters revised and updated nature of clinical reasoning sections have been expanded increase in emphasis on collaborative reasoning core model of clinical reasoning has been revised and updated

The Journal of Alternative and Complementary Medicine ,2003

The Australian Journal of Advanced Nursing ,1998

Study Skills for Nurses Elizabeth Mason-Whitehead, Elizabeth Whitehead, Tom Mason, 2003-04-21 Essay writing doing assignments and passing exams can seem the most challenging aspects of a course This book shows student nurses how to develop good techniques for learning and writing for stress free studying

Current Index to Journals in Education ,2001

Alcohol Problem-solving Jeanette Laird Measures, 2004

The Journal of Professional Legal Education ,1995

University of Arkansas at Little Rock Law Review ,2013

Nursing Times, Nursing Mirror ,2009

Canadian Medical Association Journal Canadian Medical Association, 1928

Core Concepts in Advanced Practice Nursing Denise L. Robinson, Cheryl Pope Kish, 2001 Developed specifically for masters level nursing courses this information packed text addresses nearly all core content subjects of the graduate curriculum It contains information on health care policy organization of the health care delivery system health care financing ethics professional role development theoretical foundations of nursing practice human diversity and social issues and health promotion and disease prevention Written by experts each chapter includes an overview of the topic definitions of relevant terms review and history of the literature critical issues priorities for research future directions implications for advanced practice nursing critical thinking activities and suggestions for further learning

Journal of the American Medical Association ,1903

College Student Journal ,1993

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