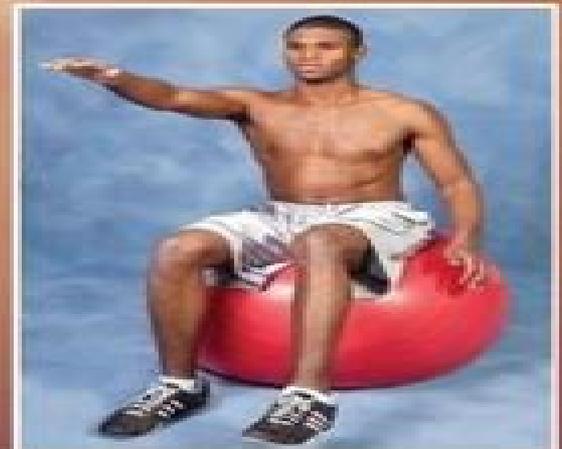


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Therapeutic Exercise From Theory To Practice

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Massage and therapeutic exercise Mary McMillan, 1921

Therapeutic Exercise Prescription Kim Dunleavy, Amy Kubo Slowik, 2026-01-02 Dunleavy and Slowik's Therapeutic Exercise Prescription Second Edition delivers on exactly what you need from a core therapeutic exercise text This comprehensive resource combines theoretical concepts and practical application to give you a robust understanding of therapeutic exercise while providing tips and instructions for a resource for clinical care Using an approachable easy to follow writing style it introduces foundational concepts discusses how to choose the right exercises and guides you in developing goals for treatment Coverage also includes the examination process and specific ways to choose monitor and evaluate the most effective exercise Each exercise in the text is presented with progressions to give you an understanding of how the exercise's may change from the initial phase of exercise

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