

## AGES 5-11 YEARS: STEPWISE APPROACH FOR MANAGEMENT OF ASTHMA

	Management of Persistent Asthma in Individuals Ages 5-11 Years					
Treatment	STEP 1	STEP 2	STEP 3	STEP 4	STEP 5	STEP 6
<b>Preferred</b>	PRN SABA	Daily low-dose ICS and PRN SABA	Daily and PRN combination low-dose ICS-formoterol <sup>▲</sup>	Daily and PRN combination medium-dose ICS-formoterol <sup>▲</sup>	Daily high-dose ICS-LABA and PRN SABA	Daily high-dose ICS-LABA + oral systemic corticosteroid and PRN SABA
<b>Alternative</b>		Daily LTRA, <sup>*</sup> or Cromolyn, <sup>*</sup> or Nedocromil, <sup>*</sup> or Theophylline, <sup>*</sup> and PRN SABA	Daily medium-dose ICS and PRN SABA or Daily low-dose ICS-LABA, or daily low-dose ICS + LTRA, <sup>*</sup> or daily low-dose ICS + Theophylline, <sup>*</sup> and PRN SABA	Daily medium-dose ICS-LABA and PRN SABA or Daily medium-dose ICS + LTRA, <sup>*</sup> or daily medium-dose ICS + Theophylline, <sup>*</sup> and PRN SABA	Daily high-dose ICS + LTRA, <sup>*</sup> or daily high-dose ICS + Theophylline, <sup>*</sup> and PRN SABA	Daily high-dose ICS + LTRA, <sup>*</sup> + oral systemic corticosteroid or daily high-dose ICS + Theophylline, <sup>*</sup> + oral systemic corticosteroid, and PRN SABA
		Steps 2-4: Conditionally recommend the use of subcutaneous immunotherapy as an adjunct treatment to standard pharmacotherapy in individuals ≥ 5 years of age whose asthma is controlled at the initiation, build up, and maintenance phases of immunotherapy <sup>▲</sup>			Consider Omalizumab <sup>**▲</sup>	

### Assess Control

- First check adherence, inhaler technique, environmental factors, <sup>▲</sup> and comorbid conditions.
- **Step up** if needed; reassess in 2-6 weeks
- **Step down** if possible (if asthma is well controlled for at least 3 consecutive months)

Consult with asthma specialist if Step 4 or higher is required. Consider consultation at Step 3.

Control assessment is a key element of asthma care. This involves both impairment and risk. Use of objective measures, self-reported control, and health care utilization are complementary and should be employed on an ongoing basis, depending on the individual's clinical situation.

**Abbreviations:** ICS, inhaled corticosteroid; LABA, long-acting beta<sub>2</sub>-agonist; LTRA, leukotriene receptor antagonist;

SABA, inhaled short-acting beta<sub>2</sub>-agonist

<sup>▲</sup> Updated based on the 2020 guidelines.

<sup>\*</sup> Cromolyn, Nedocromil, LTRAs including montelukast, and Theophylline were not considered in this update and/or have limited availability for use in the United States, and/or have an increased risk of adverse consequences and need for monitoring that make their use less desirable. The FDA issued a Boxed Warning for montelukast in March 2020.

<sup>\*\*</sup> Omalizumab is the only asthma biologic currently FDA-approved for this age range.

# Asthma Guidelines

**National Asthma Education and Prevention Program (National Heart, Lung, and Blood Institute). Second Expert Panel on the Management of Asthma**

## **Asthma Guidelines:**

**Clinical Asthma** Jonathan A. Bernstein, Mark L. Levy, 2014-02-06 Enormous progress in asthma research has been made in the past 50 years including a greater understanding of its complex pathogenesis and new and more effective therapies. Consequently, the scientific literature has grown vast and can be difficult to integrate. With contributions from a distinguished panel of world-renowned authors, *Clinical Asthma* and *Pediatric Allergy: Principles and Practice E-Book* by Donald Y. M. Leung, Hugh Sampson, Raif Geha, and Stanley J. Szefler, 2010-10-13. *Pediatric Allergy* supplies the comprehensive guidance you need to diagnose, manage, and treat virtually any type of allergy seen in children. Drs. Leung, Sampson, Geha, and Szefler present the new, full-color, second edition with coverage of the diagnosis and management of anaphylaxis, the immune mechanisms underlying allergic disease, the latest diagnostic tests, and more. Treat the full range of pediatric allergic and immunologic diseases through clinically focused coverage relevant to both allergists and pediatricians. Understand the care and treatment of pediatric patients thanks to clinical pearls discussing the best approaches. Easily refer to appendices that list common food allergies and autoantibodies in autoimmune diseases. Apply the newest diagnostic tests available for asthma, upper respiratory allergy, and more, and know their benefits and contraindications. Treat the allergy at its source rather than the resulting reactions through an understanding of the immune mechanisms underlying allergic diseases. Get coverage of new research that affects methods of patient treatment and discusses potential reasons for increased allergies in some individuals. Better manage potential anaphylaxis cases through analysis of contributing factors and progression of allergic disease. Effectively control asthma and monitor its progression using the new step-by-step approach. Eliminate difficulty in prescribing antibiotics thanks to coverage of drug allergies and cross-reactivity. [Pediatric Allergy: Principles and Practice E-Book](#) by Stanley J. Szefler, Francisco A. Bonilla, Cezmi A. Akdis, Hugh Sampson, 2015-05-26. The third edition of *Pediatric Allergy* continues this title's steadfast tradition of providing comprehensive, authoritative guidance on the day-to-day diagnosis and management of pediatric allergic and immunologic diseases. You'll have the most up-to-date research at hand thanks to an easily accessible, full-color format that highlights a host of new chapters, extensive updates, and clinically focused coverage. Whether you're a student, resident, pediatrician, or allergist, you'll appreciate this user-friendly and versatile source for providing optimal care. Includes diagnostic tests available for asthma, upper respiratory allergy, and more. Equips you with an understanding of the immune mechanisms underlying allergic diseases. Features coverage of drug allergies and cross-reactivity. Highlights clinical pearls discussing the best approaches to the care and treatment of pediatric patients. Appendices listing common food allergies and autoantibodies in autoimmune diseases make for quick reference to essential material. Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, images, and references from the book on a variety of devices. Revised asthma section examines current asthma guidelines, school-centered asthma programs, exercise-induced asthma, and new directions in asthma therapy. Includes

the most current knowledge relating to emerging asthma within young children medication adherence and the impact of infection on the natural history of asthma New information on gene therapy stem cell therapy and a host of new immunodeficiency diseases helps you obtain the best results from the therapeutics for pediatric allergic and immunologic diseases Features brand new chapters on immunopathology diagnostics and management potential immunotherapeutic strategies for treating food allergies current status of immunotherapy for food allergy and biologic therapies Focused coverage of today s hot topics in pediatric allergy includes the use of targeted biologics to treat specific activation pathways leading to severe allergic diseases defects of innate immunity rheumatic diseases of childhood and inflammatory disorders Discusses new studies examining potential etiologies for the increase in food allergy and examines potential immunotherapeutic strategies for treating food allergies New evidence based principles of medical care help you make the best use of available medications for your patients

*Current Clinical Medicine E-Book* Cleveland Clinic,2010-08-13 Current Clinical Medicine s 2nd edition by the world famous Cleveland Clinic is an Internal Medicine reference that gives you authoritative and actionable information wherever you are whenever you need it More than 40 updated chapters 13 new chapters and 30% new illustrations ensure that you ll have access to the most up to date guidance In addition to its user friendly easy access format and consistent reliable coverage this Expert Consult title includes a website with the complete contents of the book fully searchable downloadable images and more to keep you and your practice completely current Includes access to a website featuring the complete contents of the book fully searchable access to patient information sheets links to the Gold Standard Drug database and much more to keep you completely current Provides consistent reliable coverage to keep you on the top of your game Includes summary boxes and algorithms for quick confident diagnosis and treatment of each condition Features a user friendly format so you can find information quickly and easily Contains more than a hundred full color illustrations with a special focus on dermatology for highly visual guidance Uses evidence based gradings to help you evaluate your diagnoses Includes many new chapters including Hepatocellular Carcinoma Head and Neck Cancer Takayasu s Arteritis and Non Hodgkin and Hodgkin Lymphoma as well as more than 40 substantially revised chapters that ensure that you ll have access to the most current coverage Features 30% new illustrations that provide you with updated details concepts and procedures

*Asthma Management* Health and Administration Development Group (Aspen Publishers),1999 Asthma Management Clinical Pathways Guidelines and Patient Education is a comprehensive disease management program designed to assist clinicians in diagnosing and effectively controlling asthma It provides detailed guidelines on all aspects of managing asthma from the initial diagnosis in the clinical examination to the treatment strategy which may include drug therapy and lifestyle modification This essential resource also includes easy to read patient education handouts which teach and encourage patients to comply with interventions while becoming active participants in managing their chronic condition

*Pediatric Allergy: Principles and Practice* Stanley J. Szeffler, MD,Francisco A Bonilla,

MD, PhD, Cezmi A Akdis, Hugh Sampson, 2015-08-11 The third edition of Pediatric Allergy continues this title's steadfast tradition of providing comprehensive authoritative guidance on the day to day diagnosis and management of pediatric allergic and immunologic diseases You'll have the most up to date research at hand thanks to an easily accessible full color format that highlights a host of new chapters extensive updates and clinically focused coverage Whether you're a student resident pediatrician or allergist you'll appreciate this user friendly and versatile source for providing optimal care Includes diagnostic tests available for asthma upper respiratory allergy and more Equips you with an understanding of the immune mechanisms underlying allergic diseases Features coverage of drug allergies and cross reactivity Highlights clinical pearls discussing the best approaches to the care and treatment of pediatric patients Appendices listing common food allergies and autoantibodies in autoimmune diseases make for quick reference to essential material Expert Consult eBook version included with purchase This enhanced eBook experience allows you to search all of the text figures images and references from the book on a variety of devices Revised asthma section examines current asthma guidelines school centered asthma programs exercise induced asthma and new directions in asthma therapy Includes the most current knowledge relating to emerging asthma within young children medication adherence and the impact of infection on the natural history of asthma New information on gene therapy stem cell therapy and a host of new immunodeficiency diseases helps you obtain the best results from the therapeutics for pediatric allergic and immunologic diseases Features brand new chapters on immunopathology diagnostics and management potential immunotherapeutic strategies for treating food allergies current status of immunotherapy for food allergy and biologic therapies Focused coverage of today's hot topics in pediatric allergy includes the use of targeted biologics to treat specific activation pathways leading to severe allergic diseases defects of innate immunity rheumatic diseases of childhood and inflammatory disorders Discusses new studies examining potential etiologies for the increase in food allergy and examines potential immunotherapeutic strategies for treating food allergies New evidence based principles of medical care help you make the best use of available medications for your patients

**Clinical Manifestations & Assessment of Respiratory Disease - E-Book** Terry Des Jardins, George G. Burton, 2015-03-12 NEW New chapter on respiratory failure and mechanical ventilation protocol outlines the respiratory therapist's role in regards to these protocols NEW New chapters on congenital diaphragmatic hernia and congenital heart disease NEW Updated content on electronic charting offers the latest guidelines for collecting and recording respiratory assessments and treatment plans using an electronic health record NEW The most up to date content throughout ensures readers are well versed in the latest assessment and treatment guidelines for various respiratory illnesses and injuries NEW Therapist driven protocols TDPs information is now separated into two chapters to divide content between the basic treatment protocols and the protocols for mechanical ventilation and weaning from the ventilator

*Current Practice Guidelines in Primary Care 2003* Ralph Gonzales, Jean Kutner, 2003 The only pocket sized compendium of the most current clinical practice guidelines in primary

care Perfect for on the spot consultation in the clinic or on the wards this book features annually updated guidelines for screening and primary prevention and treatment recommendations in a readily accessible format 30 illustrations

**CURRENT Medical Diagnosis and Treatment Study Guide** Gene Quinn,Nathaniel Gleason,Maxine A.

Papadakis,Stephen J. McPhee,2013-08-22 Case based coverage of 80 must know diseases and disorders Add the expertise of CURRENT Medical Diagnosis Treatment to your exam review For more than 70 years professors students and clinicians have trusted LANGE for high quality current concise medical information in a convenient affordable portable format Whether for coursework clerkships USMLE prep specialty board review or patient care there s a LANGE book that guarantees success Derived from CURRENT Medical Diagnosis Treatment the world s most popular annual medical book this unique study guide delivers case analysis of 80 of the most common topics in internal medicine It provides a comprehensive and well organized synopsis of each topic making it an essential study partner for a variety of examinations including the USMLE Step 2 medicine clerkship shelf exams ABIM internal medicine boards and recertification exams adult and family nurse practitioner certification examination and physician assistant national certifying exam For practitioners this quick reference covers patient care for 80 of the clinical problems they are most likely to encounter in daily practice Each topic covered in CURRENT Medical Diagnosis Treatment Study Guide is presented in a consistent easy to read in depth manner that emphasizes problem solving The topics were carefully selected based on their importance to the field of internal medicine and are designed to enhance your ability to think through a typical case in a logical step by step fashion Each topic includes a typical patient presentation and Learning Objectives Salient Features Symptoms and Signs Differential Diagnosis Laboratory Radiology and Procedural Findings Treatment Outcomes When to Refer and When to Admit PubMed references to the most current and pertinent MEDLINE articles There is no easier or faster way to sharpen your understanding of key concepts in clinical reasoning and problem solving and to brush up on essential clinical facts than this one of a kind case based review CASE BASED COVERAGE THAT SPANS THE FULL SPECTRUM OF INTERNAL MEDICINE Skin Disorders Pulmonary Ear Nose and Throat Disorders Heart Hypertension Lipid Disorders Hematologic Disorders Gastrointestinal Liver Pancreas Disorders Gynecologic Urologic Disorders Musculoskeletal Disorders Kidney Electrolyte Disorders Nervous System Psychiatric Disorders Endocrine Metabolic Disorders Infectious Disorders **Asthma** Margaret Varnell Clark,2010-10-22 Latest information and guidelines for the diagnosis and management of asthma from the National Heart Lung and Blood Institute **Executive Summary** National Heart, Lung, and Blood Institute. National Asthma Education Program. Expert Panel on the Management of Asthma,1991 Highlights the major recommendations of the expert panel report

**Evidence-Based Nursing** Alba DiCenso,Gordon Guyatt,Donna Ciliska,2005-01-10 Evidence Based Nursing is written in response to numerous requests by nurse practitioners and other graduate faculty for a nursing literature resource This reader friendly accessible guide features plentiful examples from the nursing literature and the addition of specific nursing

issues such as qualitative research with direct application for clinical practice The guide enables nurses to frame their clinical questions in a way that will help them find the evidence to support their opinions distinguish between strong and weak evidence clearly understand study results weigh the risks and benefits of management options and apply the evidence to their individual patients to improve outcomes Part One provides a basic approach to the problems faced by nurses when determining optimal care predicting patient progress and protecting patients from potentially harmful side effects in addition to including a literature assessment summary and management recommendations Part Two expands on Part One providing concrete examples through case studies This is the only book of its kind that helps nurses use the nursing literature effectively to solve patient problems Three step approach to dissecting a problem to help find the best evidence and improve patient care most questions can be divided into three parts 1 Are the results valid 2 What are the results and 3 How can I apply the results to patient care Part One The Basics Using the Nursing Literature provides a basic approach to the problems faced by nurses when determining optimal care predicting patient progress and protecting patients from potentially harmful side effects and includes a literature assessment summary and management recommendations Part Two Beyond the Basics Using and Teaching the Principles of Evidence Based Nursing expands on Part One providing concrete examples through the presentation of cases Two part organization helps both beginners and those more accomplished at using the nursing literature Clinical Scenario provides a brief but detailed description of a clinical situation that requires the application of research through a critical thinking process Using the Guide examines a clinical scenario and then evaluates the way in which research findings are collected analyzed and applied to the resolution of the problem presented in the scenario Free CD ROM contains everything found in the book allowing for electronic outlining content filtering full text searching and alternative content organizations

**The Asthma Educator's Handbook** Christopher Fanta, Elisabeth Stieb, Elaine Carter, Kenan Haver, 2007-07-02 Learn asthma care essentials from top experts at the Partners Asthma Center This book teaches physicians and other healthcare professionals how to recognize and treat asthma exacerbations and was inspired by patients and their experiences with this disease It is designed for informed educators who know a fair amount about asthma while focusing on patient needs It is an excellent resource for asthma educators 3 Stars Doody's Review Service Internists family physicians physician's assistants respiratory therapists and pharmacists will find this unparalleled authoritative guide has everything needed to understand and treat asthma in children and adults Ideal for preparing for certification as an asthma educator AE C The Asthma Educator's Handbook includes important information such as How to develop an asthma action plan based on the principles of assessing and treating asthma attacks Diagnosis and staging ambulatory asthma treatment Inhalers and inhalation aids Managing asthmatic attacks Chapter ending Q As that simulate the types of questions likely to appear on the National Asthma Educators Certification Board Exam Case discussions that test your knowledge by asking you to assume the role of an asthma educator

*Primary Care Medicine* Allan H. Goroll, Albert G. Mulley, 2009-01-01

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**Directory of Clinical Practice Guidelines, 1988** American Medical Association,1998-06 This resource offers a convenient way to locate practice guidelines in practically any clinical area This edition provides a comprehensive bibliographic listing of more than 1 900 guidelines standards and other practice management strategies including several hundred new guidelines indexed by subject title and sponsoring organization Each entry provides pricing and order information Also included is a mid year update with newly developed practice guidelines those under development and those recently withdrawn *Index Catalogue of the Library of the Surgeon-general's Office, United States Army (-United States Army, Army Medical Library; -National Library of Medicine)*. Library of the Surgeon-General's Office (U.S.),1920 [The Medical Outcomes & Guidelines Sourcebook](#) ,1992 **The Year-book of Treatment** ,1888 **Asthma--a Link Between Environment, Immunology, and the Airways** Hugo E. Neffen,1999 This volume released at the Congress contains the most important papers delivered during the XVIth World Congress of Asthma Includes current research and details the state of the art in research and clinical aspects of asthma and related diseases Includes extensive references and halftone illustrations

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