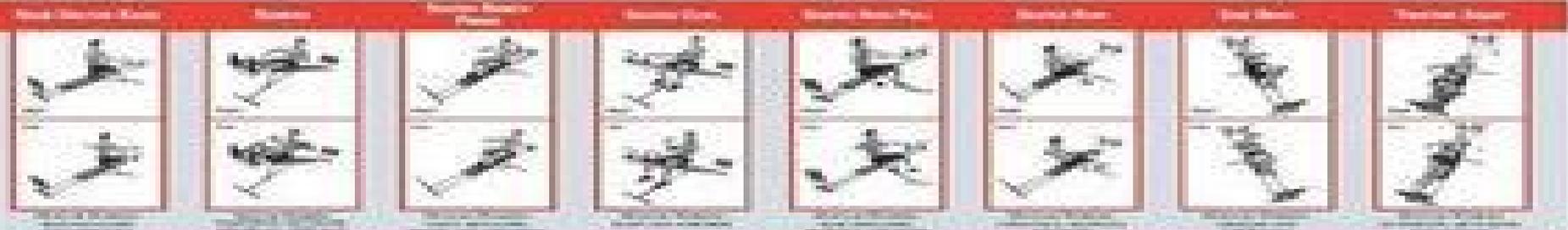


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Weider Total Bodyworks 5000 Workout Guide

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