



ACOG PRACTICE BULLETIN SUMMARY

Clinical Management Guidelines for Obstetrician–Gynecologists

NUMBER 190, FEBRUARY 2018

(Replaces Practice Bulletin Number 180, July 2017)

For a comprehensive overview of gestational diabetes mellitus, the full-text version of this Practice Bulletin is available at <http://dx.doi.org/10.1097/AOG.0000000000002501>.



Scan this QR code with your smartphone to view the full-text version of this Practice Bulletin.

Committee on Practice Bulletins—Obstetrics. This Practice Bulletin was developed by the American College of Obstetricians and Gynecologists Committee on Practice Bulletins—Obstetrics with the assistance of Aaron B. Caughey, MD, PhD, and Mark Tumestine, MD.

INTERIM UPDATE: This Practice Bulletin is updated as highlighted to reflect a limited, focused change to clarify and provide additional information on the pharmacologic treatment of gestational diabetes mellitus. For complete details on these updates, please see the full-text version.

Gestational Diabetes Mellitus

Gestational diabetes mellitus (GDM) is one of the most common medical complications of pregnancy. However, debate continues to surround the diagnosis and treatment of GDM despite several recent large-scale studies addressing these issues. The purposes of this document are the following: 1) provide a brief overview of the understanding of GDM, 2) review management guidelines that have been validated by appropriately conducted clinical research, and 3) identify gaps in current knowledge toward which future research can be directed.

Clinical Management Questions

- ▶ *How is gestational diabetes mellitus diagnosed?*
- ▶ *What are the benefits of treating gestational diabetes mellitus?*
- ▶ *How should blood glucose be monitored in a woman with gestational diabetes mellitus?*
- ▶ *What nonpharmacologic treatments are effective in managing gestational diabetes mellitus?*
- ▶ *What pharmacologic treatments are effective in managing gestational diabetes mellitus?*
- ▶ *Is fetal assessment indicated in pregnancies complicated by gestational diabetes mellitus?*
- ▶ *What are delivery considerations in pregnancies complicated by gestational diabetes mellitus?*
- ▶ *How should women with a history of gestational diabetes mellitus be screened and counseled postpartum?*



Practice Bulletin Acog

Rachel Sandford



Practice Bulletin Acog:

Practice Bulletin Acog Book Review: Unveiling the Magic of Language

In a digital era where connections and knowledge reign supreme, the enchanting power of language has been apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**Practice Bulletin Acog**," compiled by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound affect on our existence. Throughout this critique, we shall delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

<https://matrix.jamesarcher.co/files/publication/Documents/Step%20By%20Step%20Self%20Help%20Mindset.pdf>

Table of Contents Practice Bulletin Acog

1. Understanding the eBook Practice Bulletin Acog
 - The Rise of Digital Reading Practice Bulletin Acog
 - Advantages of eBooks Over Traditional Books
2. Identifying Practice Bulletin Acog
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Practice Bulletin Acog
 - User-Friendly Interface
4. Exploring eBook Recommendations from Practice Bulletin Acog
 - Personalized Recommendations
 - Practice Bulletin Acog User Reviews and Ratings
 - Practice Bulletin Acog and Bestseller Lists
5. Accessing Practice Bulletin Acog Free and Paid eBooks

- Practice Bulletin Acog Public Domain eBooks
 - Practice Bulletin Acog eBook Subscription Services
 - Practice Bulletin Acog Budget-Friendly Options
6. Navigating Practice Bulletin Acog eBook Formats
- ePub, PDF, MOBI, and More
 - Practice Bulletin Acog Compatibility with Devices
 - Practice Bulletin Acog Enhanced eBook Features
7. Enhancing Your Reading Experience
- Adjustable Fonts and Text Sizes of Practice Bulletin Acog
 - Highlighting and Note-Taking Practice Bulletin Acog
 - Interactive Elements Practice Bulletin Acog
8. Staying Engaged with Practice Bulletin Acog
- Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Practice Bulletin Acog
9. Balancing eBooks and Physical Books Practice Bulletin Acog
- Benefits of a Digital Library
 - Creating a Diverse Reading Collection Practice Bulletin Acog
10. Overcoming Reading Challenges
- Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Practice Bulletin Acog
- Setting Reading Goals Practice Bulletin Acog
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Practice Bulletin Acog
- Fact-Checking eBook Content of Practice Bulletin Acog
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development

- Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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