

#1 NEW YORK TIMES BESTSELLER

THE SUBTLE ART OF NOT GIVING A F*CK

AUTHOR OF
THE NEW YORK
TIMES BESTSELLER
**EVERYTHING
IS F*CKED
A BOOK ABOUT
HOPE**

A COUNTERINTUITIVE APPROACH
TO LIVING A GOOD LIFE

MARK MANSON

CONTENTS

CHAPTER 1: Start by
The Buddha's Long Walk
The subtle art of not giving a f*ck
So Mark, what the f*ck is the point of this book anyway?

CHAPTER 2: Happiness is a Problem
The Misadventures of Happiness
Happiness comes from solving problems
Problems are temporary
Choose Your Struggle

**CHAPTER 3: How far that special
thing will span**
The Tyranny of Specialness
A f*cked, if I'm not going to be special or extraordinary, what's the point?

CHAPTER 4: The value of suffering
The full awareness from
back your problems
Moby Fisher
Suffering, trust, and bad values

CHAPTER 5: How far. Almost. Almost
The Choice
The Responsibility/Fuck Factor
Responding to tragedy
Problems and the Moral Mirror that
transcended the
there is no "there"

**CHAPTER 6: You're Wrong About Everything But to me it
is All About Me (and then I die)**
The Dangers of Your Certainty

CHAPTER 1

Don't Try

Charles Bukowski was an alcoholic, a womanizer, a chronic gambler, a loner, a chronic, a drunkard, and on his worst days a poet. He's probably the last person on earth you would ever look to for life advice or support in an emergency or hell help book.

Which is why he's the perfect place to start.

Bukowski wanted to be a writer. But for decades his work was rejected by almost every magazine, newspaper, journal, agent, and publisher he submitted to. He wrote and finished they said books (including *Hamlet*) and as they stacks of rejection slips piled up, the weight of his failure convinced him that even an alcohol-fueled depression that would follow him for most of his life.

Bukowski had a day job as a writer that in some offices he got paid one penny and spent most of it on booze. He gambled away the rest at the racetrack. At night, he would drink alone and sometimes himself out during the day but by all appearances, things held water up on the floor, having passed out the night before.

Thirty years went by like this, year of it a wastepaper bin of alcohol, drugs, gambling, and persistence. Then, when Bukowski was fifty, after a lifetime of failure and self-hatred, an editor at a small independent publishing house had a strange interest in him. The editor couldn't offer Bukowski much money or much promise of sales, but he had a word of advice for the drunk loner, so he decided to take a chance on him. It was the first real shot Bukowski had ever gotten, and he realized, probably the only one he would ever get. Bukowski wrote back to the editor: "I have one of two choices: stay in the past office and go home . . . or stay on here and stop all writing and become I hope a drunk writer."

Upon signing the contract, Bukowski wrote the first novel in three weeks. It was called *Women and Dogs*, in the dedication, he wrote "dedicated to nobody."

The Subtle Art Of Not Giving A Fuck

Hussin A.Rothana



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Table of Contents The Subtle Art Of Not Giving A Fuck

1. Understanding the eBook The Subtle Art Of Not Giving A Fuck
 - The Rise of Digital Reading The Subtle Art Of Not Giving A Fuck
 - Advantages of eBooks Over Traditional Books
2. Identifying The Subtle Art Of Not Giving A Fuck
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an The Subtle Art Of Not Giving A Fuck
 - User-Friendly Interface
4. Exploring eBook Recommendations from The Subtle Art Of Not Giving A Fuck
 - Personalized Recommendations
 - The Subtle Art Of Not Giving A Fuck User Reviews and Ratings
 - The Subtle Art Of Not Giving A Fuck and Bestseller Lists

5. Accessing The Subtle Art Of Not Giving A Fuck Free and Paid eBooks
 - The Subtle Art Of Not Giving A Fuck Public Domain eBooks
 - The Subtle Art Of Not Giving A Fuck eBook Subscription Services
 - The Subtle Art Of Not Giving A Fuck Budget-Friendly Options
6. Navigating The Subtle Art Of Not Giving A Fuck eBook Formats
 - ePub, PDF, MOBI, and More
 - The Subtle Art Of Not Giving A Fuck Compatibility with Devices
 - The Subtle Art Of Not Giving A Fuck Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of The Subtle Art Of Not Giving A Fuck
 - Highlighting and Note-Taking The Subtle Art Of Not Giving A Fuck
 - Interactive Elements The Subtle Art Of Not Giving A Fuck
8. Staying Engaged with The Subtle Art Of Not Giving A Fuck
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers The Subtle Art Of Not Giving A Fuck
9. Balancing eBooks and Physical Books The Subtle Art Of Not Giving A Fuck
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection The Subtle Art Of Not Giving A Fuck
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine The Subtle Art Of Not Giving A Fuck
 - Setting Reading Goals The Subtle Art Of Not Giving A Fuck
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of The Subtle Art Of Not Giving A Fuck
 - Fact-Checking eBook Content of The Subtle Art Of Not Giving A Fuck
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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