

## CHAPTER THREE: Drill and turnout

Lesson  
100

### Turnout - Care and cleaning of uniform

- All cadets are issued with full uniform which includes everything except boots.
- The uniform is the same as the British Army wears and is known as HTP-PCS
- HTP = Multi Terrain Pattern - This is the camouflage pattern on clothing.
- PCS = Personal Clothing System - This is the name of the clothing system.



- HTP-PCS Combat jacket - worn for fieldcraft, shooting and as a warm top layer

"Shaping a beret involves dunking the new beret into warm and then cold water repeatedly until thoroughly soaked (avoid getting the leather band wet). It is then placed on the head and pulled over to the right side to create the correct shape. This should then be left to dry naturally before wearing.

## CHAPTER THREE: Drill and turnout

Lesson  
101

### Turnings at the halt - Right (Left) turn

To learn how to turn correctly, we can break the movement into two parts:

Start in the 'Attention' position

Introductory: "TURNING BY NUMBERS"

#### Cautionary: "RIGHT TURN"

Executive: "ONE"

- Turn through 90 degrees to the right, using the right heel and left toes.
- Keep the weight of the body on the right foot.
- Keep both knees braced back, and body upright.
- At the end of the movement the right foot is flat on the ground and the left leg is to the rear with the heel raised.



#### Cautionary: "SQUAD"

Executive: "TWO"

- Lift the left knee, then drive the left foot to the ground to resume the position of attention.



NOTE 1: When repeating the sequence use the commands, "Squad - One" "Squad - Two"

NOTE 2: When turning to the left, follow instructions above, but reverse all actions.

### Words of command for complete movement:

"TURNING AT THE HALT"

"RIGHT" (or LEFT)

"TURN"

# Fitness Training Manual Paperback

**SB Merriam**



**Fitness Training Manual Paperback:**

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## **Table of Contents Fitness Training Manual Paperback**

1. Understanding the eBook Fitness Training Manual Paperback
  - The Rise of Digital Reading Fitness Training Manual Paperback
  - Advantages of eBooks Over Traditional Books
2. Identifying Fitness Training Manual Paperback
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Fitness Training Manual Paperback
  - User-Friendly Interface
4. Exploring eBook Recommendations from Fitness Training Manual Paperback
  - Personalized Recommendations
  - Fitness Training Manual Paperback User Reviews and Ratings
  - Fitness Training Manual Paperback and Bestseller Lists
5. Accessing Fitness Training Manual Paperback Free and Paid eBooks
  - Fitness Training Manual Paperback Public Domain eBooks
  - Fitness Training Manual Paperback eBook Subscription Services
  - Fitness Training Manual Paperback Budget-Friendly Options
6. Navigating Fitness Training Manual Paperback eBook Formats
  - ePub, PDF, MOBI, and More
  - Fitness Training Manual Paperback Compatibility with Devices
  - Fitness Training Manual Paperback Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Fitness Training Manual Paperback
  - Highlighting and Note-Taking Fitness Training Manual Paperback
  - Interactive Elements Fitness Training Manual Paperback
8. Staying Engaged with Fitness Training Manual Paperback

- Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Fitness Training Manual Paperback
9. Balancing eBooks and Physical Books Fitness Training Manual Paperback
- Benefits of a Digital Library
  - Creating a Diverse Reading Collection Fitness Training Manual Paperback
10. Overcoming Reading Challenges
- Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
11. Cultivating a Reading Routine Fitness Training Manual Paperback
- Setting Reading Goals Fitness Training Manual Paperback
  - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Fitness Training Manual Paperback
- Fact-Checking eBook Content of Fitness Training Manual Paperback
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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