

PE Civil Exam – Geotechnical With Complete Solution

Void Ratio, e - or V_v/V_s

Porosity, n - or V_v/V_t

Saturation, S - or V_w/V_v

Dry unit weight (γ_d) -

Wet unit weight (γ_w) -

Specific Gravity (G_s) -

dry density (ρ_d) - W_s/V_t

OR

$\rho / (1+w)$

Water content, w - W_w/W_s

Truss - A truss is an assemblage of straight members connected at their ends by flexible connections (pin-jointed) to form a rigid configuration.

Use of Truss - Trusses are widely used for applications such as supporting bridge decks, roofs of buildings, floor slabs, electricity pylons, towers, domes etc.

Simple Truss (2D) - 2D plain trusses e.g. bicycle frame

Planar truss - Consist of joining plane trusses

Space Frame Truss - 3D framework

Pitched Truss - A truss having inclined top chords.

Flat truss -

Truss Members -

Types of connections in timber trusses - Metal plate and bolts

Nail plate

Traditional method using Hardwood pegs

Geotechnical Pe Exam Course Notes

Didier Musso



Geotechnical Pe Exam Course Notes:

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web sets reps 5 min fatigue frequency 3 5 x day elbow flexion and extension bend and straighten your elbow as far as you can sets reps 3 x 15 20 frequency 3 4 x day active horizontal shoulder adduction in standing with your elbow bent to 90 raise your arm out to the side to shoulder height 1

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web instructions exercises should be done at least once per day do one arm at a time perform exercises slowly exercises to

increase strength in the upper extremities some type of weight or resistance should be used recommendations commercial wrist weights 1 to 2 lbs soup or tuna can shoulder flexion

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web upper extremity range of motion exercises when exercising remember 1 take deep breaths during and after each exercise and after each set of exercises complete 2 3 sets x 10 reps daily 2 pace yourself 3 follow exercise directions as listed 4 notify your therapist if you have any questions or concerns 5

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web objective we quantified the range of motion rom required for eight upper extremity activities of daily living adls in healthy participants method fifteen right handed participants completed several bimanual and unilateral basic adls while joint kinematics were monitored using a motion capture system

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web upper extremity passive range of motion prom repeat stretches times and hold for seconds if you have any questions or concerns please call your occupational therapist at shoulder flexion 0 180 always make sure the person s thumb is up as if they are hitchhiking caregiver should be on the same

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