

FIRST AID MANUAL



St Andrew's First Aid



British Red Cross

REVISED
10TH EDITION

FIRST AID MANUAL



WRITTEN AND AUTHORISED BY THE
UK'S LEADING FIRST AID PROVIDERS

Basic First Aid 10th Edition

KJ Lindholm-Leary



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even today the ryū retains the traditionally strict custom in which a candidate for study in the ryū is required to execute the keppan signing in the person's own blood a solemn oath to abide by the policies of the ryū

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the tenshin shōden katori shintō ryū is a comprehensive martial system this means that unlike modern martial ways such as kendo or iaido which concentrate on one specific area study is made of a broad range of martial and outdoor skills

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the main line of tenshin shōden katori shintō ryū is currently represented by the kyōsō shibu led by kyōsō shigetoshi 6 Ōtake risuke s younger son the honbu dojo is located at iizasa yasusada s home near the katori shrine and is used by branches in

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