

DOLOR LUMBAR

CRITERIOS PARA SU PREVENCIÓN EN EL DESEMPEÑO LABORAL



Dolor lumbar

Criterios para su prevención en el desarrollo laboral



¿QUE ES LA LUMBALGIA?

La lumbalgia es el dolor que se produce en la región inferior de la espalda. Este dolor aparece o aumenta en intensidad de forma brusca por una lesión, trauma mecánico, infección y degeneración. Las lesiones de esta región son las más frecuentes y representan un riesgo grave.



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Didier Musso



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