

## Nutrition-Multiple Choice Questions

1. Kwashiorkor is deficiency disease of
  - a. Carbohydrates
  - b. Proteins
  - c. Iron
  - d. Vitamin D
2. The vitamin which help the eye to adjust vision in dim light is
  - a. Vitamin A
  - b. Vitamin D
  - c. Vitamin E
  - d. Vitamin K
3. Osteomalacia is the deficiency disease of
  - a. Vitamin B
  - b. Vitamin D
  - c. Vitamin E
  - d. Vitamin K
4. The vitamin associated with blood clotting is
  - a. Vitamin B
  - b. Vitamin D
  - c. Vitamin E
  - d. Vitamin K
5. Vitamin made up of thiazol and pyridine moiety is
  - a. Vitamin B<sub>1</sub>
  - b. Vitamin B<sub>6</sub>
  - c. Vitamin B<sub>12</sub>
  - d. Biotin
6. Beri beri is the deficiency disease of
  - a. Vitamin B<sub>1</sub>
  - b. Vitamin B<sub>6</sub>
  - c. Vitamin D
  - d. Niacin
7. Riboflavin exit in the form of ----- coenzyme
  - a. NAD
  - b. NADP
  - c. FAD
  - d. Non of these
8. Deficiency of ----- vitamin leads to glossitis
  - a. Vitamin B<sub>1</sub>
  - b. Vitamin B<sub>2</sub>
  - c. Vitamin B<sub>12</sub>
  - d. Niacin
9. Pellagra is the disease caused by the deficiency of
  - a. Vitamin B<sub>1</sub>

# Sample Nutrition Multiple Choice Questions And Answers

**Eleanor Noss Whitney, Sharon Rady  
Rolfes**



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