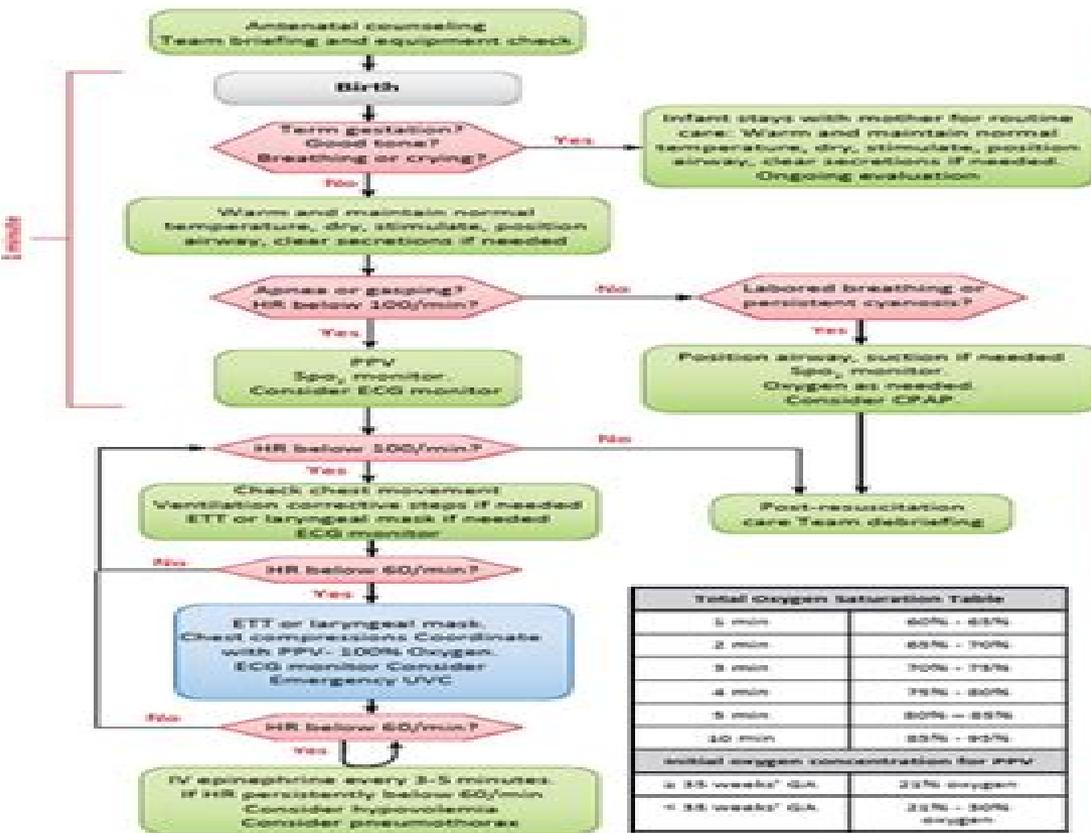


Neonatal Resuscitation Program, 8th edition- Algorithm

The most important and effective action in neonatal resuscitation is ventilation of the baby's lungs.



Ventilation Corrective Steps (NRLSOPA)

When a NRLSOPA step results in chest movement, ventilate for 30 seconds and reassess heart rate.



*increase pressure incrementally by 5 to 10 cm H₂O. The maximum recommended pressure is 40 cm H₂O in term baby.

Sudden Deterioration After Intubation

The DOPE mnemonic	
D	Displaced endotracheal tube
O	Obstructed endotracheal tube
P	Pneumothorax
E	Equipment failure

Endotracheal Intubation

GA (weeks)	Depth of insertion at lips (cm)	ET Tube Size (ID, mm)
23-24	5.5	Size 2.5 = 1 kg or < 28 weeks
25-26	6.0	Size 3.0 1-2 kg or 28-34 weeks
27-29	6.5	Size 3.5 = 2kg or > 34 weeks
30-32	7.0	
33-34	7.5	
35-37	8.0	
38-40	8.5	
41-43	9.0	3.5-4.0

Total Oxygen Saturation Table	
1 min	60% - 65%
2 min	65% - 70%
3 min	70% - 75%
4 min	75% - 80%
5 min	80% - 85%
10 min	85% - 95%
Initial oxygen concentration for PPV	
< 35 weeks GA	21% oxygen
> 35 weeks GA	21% - 30% oxygen

Neonatal Code Medications

Drug	Dose*	0.5 kg	1 kg	2 kg	3 kg	4 kg	Administration
Epinephrine IV/IO Concentrations: 0.1 mg/mL 1 mg/10 mL	0.02 mg/kg Equal to 0.2 mL/kg	IV Dose: 0.01 mg Volume: 0.1 mL	IV Dose: 0.02 mg Volume: 0.2 mL	IV Dose: 0.04 mg Volume: 0.4 mL	IV Dose: 0.06 mg Volume: 0.6 mL	IV Dose: 0.08 mg Volume: 0.8 mL	IV/IO rapid push Flush with 3 mL NS Repeat every 3-5 minutes if heart rate less than 60 bpm
Epinephrine ETT 0.1 mg/mL 1 mg/10 mL	0.1 mg/kg Equal to 1 mL/kg	ETT Dose: 0.05 mg Volume: 0.5 mL	IV Dose: 0.1 mg Volume: 1 mL	IV Dose: 0.2 mg Volume: 2 mL	IV Dose: 0.3 mg Volume: 3 mL	IV Dose: 0.4 mg Volume: 4 mL	May administer while vascular access to being established ETT rapid push No need for flush. Provide PPV breaths To distribute into lungs.
Normal Saline IV 0.9% NaCl	10 mL/kg	5 mL IV	10 mL IV	20 mL IV	30 mL IV	40 mL IV	Give over 5-10 min

*The recommended dose range for intravenous or introsseous administration is 0.01 to 0.03 mg/kg (equal to 0.1 to 0.3 mL/kg). The recommended dose range for endotracheal administration is 0.05 to 0.1 mg/kg (equal to 0.5 to 1 mL/kg).

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Peipei Pang



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Neonatal Intensive Care Nursing Exam Prep Study Guide Springer Publishing Company, 2023-04-24 Neonatal Intensive Care Nursing Exam Prep Study Guide gets right to the point with a targeted content based on the latest NCC exam blueprint This easy to follow guide includes all the tools you need to prepare practice and pass the exam and nothing you don't PREPARE Concise coverage of the content you'll be tested on Quick reference features with complications alerts and nursing pearls Need to know information to prepare you for exam day PRACTICE Two full length practice tests one in book and one online to assess your readiness and simulate the test taking experience Detailed rationales for correct and incorrect answers Pop quizzes that highlight key information you don't want to miss PASS The first time with Springer Publishing Exam Prep's 100% Pass Guarantee With confidence knowing you're well prepared with all the skills and knowledge you need on exam day and in practice With pride in your commitment to patient health and safety RNC NIC is a registered trademark of National Certification Corporation NCC NCC does not endorse this exam preparation resource nor do they have a proprietary relationship with Springer Publishing Company

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