



# Digital Detox Lifestyle How To

**Christian G. Meyer**



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 stands for frequency modulation the other advantages and disadvantages are also mentioned am is the short form of  
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 be more useful partly for its ease of generation and decoding the main advantages of fm over am are improved signal to noise  
 ratio about 25db w r t to man made interference

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 information or message after being converted into an electronic signal  $m(t) = A_m \cos(\omega_m t + \Theta)$  where  $m(t)$  is the modulating signal  
 $A_m$  is the amplitude modulating signal  $\omega_m$  is the angular frequency  $\Theta$  is the phase of the

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