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# NSG 533--ADVANCED PATHOPHYSIOLOGY STUDY GUIDE REVIEW

## Cardiovascular Pathophysiology: Coronary Heart Disease and Hypertension

- Explain the comprehensive risk factor profile (including dyslipidemia, genetic factors, traditional modifiable and non-modifiable risk factors, and novel risk factors) for coronary artery disease (CAD).
  - **Genetic Factors:**
    - Elevated LDL linked to CHD in persons with genetic forms of hypercholesterolemia
    - Decreased LDL removal related to defective or reduces number of LDL receptors
    - Familial Hypercholesterolemia (FH) develop significant atherosclerosis early on and premature CAD in the absence of other risk factors
      - If left untreated can have heart attack in 30-40s
  - **Modifiable Risk Factors:**
    - Dyslipidemia
      - Elevated LDL-C
      - Low HDL-C
      - Hypertriglyceridemia
    - Hyperhomocysteinemia
    - Smoking
    - Hypertension
    - Physical Inactivity
    - Diabetes Mellitus
    - Atherogenic Diet
    - Obesity
  - **Non-Modifiable Risk Factors:**
    - Family History & Genetic Factors:
      - Elevated LDL linked to CHD in persons with genetic forms of hypercholesterolemia
      - Decreased LDL removal related to defective or reduces number of LDL receptors
      - Familial Hypercholesterolemia (FH) develop significant atherosclerosis early on and premature CAD in the absence of other risk factors
        - If left untreated can have heart attack in 30-40s
    - Age
    - Gender: male gender or women after menopause
    - Blood type: AB highest risk, O lowest risk
  - **Novel Risk Factors**
    - Elevated lipoprotein (a)
      - Associated with atherosclerosis and thrombosis
      - At risk for premature CAD as well as Stroke
      - Genetically derived particle
    - Elevated high sensitivity C-reactive protein (hs-CRP)
      - Inflammatory marker
      - The serum marker more systemic inflammation, CRP, is now considered a major

# Advanced Pathophysiology Study Guides

**Virginia Layng Millonig**



## **Advanced Pathophysiology Study Guides:**

## Decoding **Advanced Pathophysiology Study Guides**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its capability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Advanced Pathophysiology Study Guides**," a mesmerizing literary creation penned by a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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