



AHA CPR GUIDELINES UPDATE 2015



HIGH QUALITY CPR (ADULTS) GUIDELINES FOR BLS PROVIDERS

RECOGNITION OF CARDIAC ARREST

- CHECK FOR RESPONSIVENESS
- NO BREATHING OR ONLY BREATHING
- NO DEFINITE PULSE FELT WITHIN 10 SECONDS



01

ACTIVATION OF EMERGENCY RESPONSE SYSTEM

- IF YOU ARE ALONE WITH NO MOBILE PHONE, LEAVE THE VICTIM TO ACTIVATE THE EMERGENCY RESPONSE SYSTEM AND GET THE AED BEFORE BEGINNING CPR
- OTHERWISE, SEND SOMEONE AND BEGIN CPR IMMEDIATELY; USE THE AED AS SOON AS IT IS AVAILABLE

02



COMPRESSION-VENTILATION RATIO WITHOUT ADVANCED AIRWAY

1 OR 2 RESCUERS=30:2



03

COMPRESSION-VENTILATION RATIO WITH ADVANCED AIRWAY

- CONTINUOUS COMPRESSIONS AT A RATE OF 100-120 PER MINUTE
- GIVE 1 BREATH EVERY 6 SECONDS (10 BREATHS PER MINUTE)

04



COMPRESSION RATE

100-120 COMPRESSIONS PER MINUTE



05

06



HAND PLACEMENT

2 HANDS ON THE LOWER HALF OF THE BRESTBONE (STERNUM)

COMPRESSION DEPTH

AT LEAST 2 INCHES (5 CM)



07

08



CHEST RECOIL

ALLOW FULL RECOIL OF CHEST AFTER EACH COMPRESSION

MINIMIZING INTERRUPTIONS

- LIMIT INTERRUPTIONS IN THE CHEST COMPRESSIONS TO LESS THAN 10 SECONDS



09

DO'S AND DONT'S OF HIGH QUALITY CPR (ADULTS)



RESCUERS SHOULD

- PERFORM CHEST COMPRESSIONS AT A RATE OF 100-120 COMPRESSIONS PER MINUTE
- COMPRESS TO A DEPTH OF AT LEAST 2 INCHES
- ALLOW FULL RECOIL AFTER EACH COMPRESSION
- MINIMIZE PAUSES IN COMPRESSIONS
- VENTILATE ADEQUATELY

RESCUERS SHOULD NOT

- COMPRESS AT A RATE SLOWER THAN 100 COMPRESSIONS PER MINUTE OR FASTER THAN 120 COMPRESSIONS PER MINUTE
- COMPRESS TO A DEPTH OF LESS THAN 2 INCHES OR GREATER THAN 2.4 INCHES
- LEAN ON THE CHEST BETWEEN COMPRESSIONS
- INTERRUPT COMPRESSIONS FOR GREATER THAN 10 SECONDS
- PROVIDE EXCESSIVE VENTILATION



Sources:

<http://eccguidelines.heart.org/wp-content/uploads/2015/10/2015-AHA-Guidelines-Highlights-English.pdf>

Aha Cpr Guidelines

G Thomas



Aha Cpr Guidelines:

2020 American Heart Association Guidelines for CPR and ECC American Heart Association,2020-11-04 20 1101

ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription David P. Swain,ACSM,Clinton A.

Brawner,2012-12-26 ACSM s Resource Manual for Guidelines for Exercise Testing and Prescription was created as a complement to ACSM s Guidelines for Exercise Testing and Prescription and elaborates on all major aspects of preventative rehabilitation and fitness programs and the major position stands of the ACSM The 7th edition provides information necessary to address the knowledge skills and abilities set forth in the new edition of Guidelines and explains the science behind the exercise testing and prescription ACSM s Resource Manual is a comprehensive resource for those working in the fitness and clinical exercise fields as well as those in academic training

Respiratory Care: Principles and Practice
Dean R. Hess,Neil R. MacIntyre,William F. Galvin,2020-01-15 More than an introductory text Respiratory Care Principles and Practice Fourth Edition by Dean Hess is a comprehensive resource will be referenced and utilized by students throughout their educational and professional careers

Respiratory Care: Principles and Practice Hess,Neil R. MacIntyre,William F. Galvin,Shelley C. Mishoe,2015-04-06 With contributions from over 75 of the foremost experts in the field the third edition represents the very best in clinical and academic expertise Taught in leading respiratory care programs in the U S it continues to be the top choice for instructors and students alike The Third Edition includes numerous updates and revisions that provide the best foundational knowledge available as well as new helpful instructor resources and student learning tools A complete and up to date exploration of the technical and professional aspects of respiratory care With foundations in evidence based practice this essential resource reviews respiratory assessment respiratory therapeutics respiratory diseases basic sciences and their application to respiratory care the respiratory care profession and much more With content cross references the NBRC examination matrices Respiratory Care Principles and Practice Third Edition is the definitive resource for today s successful RT

Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiac Care American Heart Association,1992

Swartz's Textbook of Physical Diagnosis - E-BOOK Mark H. Swartz,2024-12-20 Offering a compassionate humanistic approach in this critical area Swartz Textbook of Physical Diagnosis Nineth Edition helps you master each aspect of the art and science of interviewing and physical examination This highly regarded text clearly teaches how your interpersonal awareness is just as crucial during the patient interview and physical exam as your level of skill and why clinical competence in this area is essential for physicians osteopathic physicians nurse practitioners physician assistants nurses and all other members of the healthcare profession From cover to cover you ll learn fundamental skills and concepts that result in more accurate diagnoses more effective patient management and better patient outcomes Offers fully revised content throughout including clear easy to understand explanations of interviewing and examination techniques clinical presentations pathophysiology complementary and alternative medicine and physical diagnosis standards and tests

Includes three new chapters The Transgender Patient Artificial Intelligence in Clinical Encounters Opportunities and Challenges and Telehealth Adapting Clinical Assessment Explores how cultural differences can influence communication diet family relationships and health practices and beliefs which may affect your approach to a patient s treatment Features hundreds of high quality color images an easy to use design and detailed descriptions of practical techniques throughout Contains new end of chapter review questions in most chapters Highlights clinical ethics and professionalism Includes more than 6 hours of in depth instruction with 40 updated videos featuring step by step aspects of the physical examination for adults toddlers and newborns important interviewing scenarios and audio of heart and lung sounds Features online appendices covering English to Spanish Translations Useful in the Medicine Setting Commonly Misused Substances Signs and Symptoms of Deficiency States and more Evolve Instructor site with an image collection and videos is available to instructors through their Elsevier sales rep or via request at <https://evolve.elsevier.com>

API Textbook of Medicine (Volume I & II) YP Munjal, Yash Pal Munjal, 2015-08-30 This is the tenth edition of the authoritative API Textbook of Medicine completely revised updated and expanded with 28 brand new chapters The textbook is comprised of two volumes divided into 29 sections Beginning with an introduction to the practice of medicine and a disease profile and epidemiology of communicable and non communicable diseases each subsequent section covers a separate medical specialty The second section on Clinical Approach to Key Manifestation has been expanded with six new chapters including the appropriate selection of imaging modalities Other new topics in this edition include advanced cardiac life support system life style changes in the management of diabetes diabetes in the elderly prevention of cardiovascular disease acute and chronic pancreatitis and tumours of the liver Chapters on chronic and sleep related pulmonary disorders have been completely rewritten to highlight their increased prevalence and a new chapter on pulmonary rehabilitation has been added An entirely new section on the Future of Medicine including regenerative medicine nanotechnology and nanomedicine robotic surgery and an introduction to space medicine brings the API Textbook of Medicine to its conclusion With 1090 full colour images and illustrations spanning over 3000 pages this all encompassing textbook is a comprehensive guide to the practice of medicine brought fully up to date for physicians surgeons and post graduate medical students

Key Points New edition of this comprehensive two volume textbook Fully revised updated and expanded with 28 new chapters New section on the future of medicine 1090 full colour images and illustrations Previous edition published 2012

Cardiopulmonary Resuscitation William Kaye, Nicholas G. Bircher, 1989 This is a review of current standards for cardiopulmonary resuscitation It looks at CPR under special conditions such as perioperative CPR and immediate and post CPR problems such as socio economic and medico legal issues and the failure of cardiopulmonary resuscitation

[Pediatric Advanced Life Support](#), 2001 [Magill's Medical Guide](#) Anne Chang, 2008 Covers diseases disorders treatments procedures specialties anatomy biology and issues in an A Z format with sidebars addressing recent developments in medicine and concise information boxes for all diseases and

disorders ACLS Pocket Reference Ken Grauer, Daniel Cavallaro, 1994 New Jersey Register , 2014 Hurst's the Heart Manual of Cardiology, 12th Edition Robert A. O'Rourke, Richard Walsh, Valentin Fuster, 2009-02-17 A complete pocket guide to diagnosing and treating the full range of heart problems A Doody's Core Title for 2011 4 STAR DOODY'S REVIEW This is an excellent counterpart to larger references including Hurst's the Heart 12th edition Fuster et al McGraw Hill 2008 as the original intent of the authors The chapters are short succinct and well written The handbook makes excellent use of tables algorithms diagrams and figures to synthesize key aspects of cardiovascular disease and care Treatment recommendations take into account current ACC AHA Clinical Practice Guidelines and are very specific about the indications for therapy The chapters are written by established experts and are well referenced Its portability makes it an instant rapid access resource invaluable for physicians doing bedside rounds Doody's Review Service Summarizing the clinical sections of Hurst's the Heart 12e this point of care resource covers the key points of cardiovascular pathophysiology diagnosis and treatment in a quick access presentation making it essential for rounds at the bedside or on the wards NEW TO THIS EDITION Updated information on cardiovascular drugs highlights the latest indications important data and side effects Full coverage of vital topics such as metabolic syndrome diabetes and cardiovascular disease peripheral arterial disease stroke and cardiovascular disease in the elderly Current US and European practice guidelines and treatment protocols help reinforce clinical decision making Translation of genetic basis of arrhythmias to clinical practice provides a solid framework for diagnostic techniques

Textbook of Critical Care Stephen M. Ayres, William C. Shoemaker, 1995 This text of critical care is updated and expanded to reflect the current clinically relevant information Conveniently compiled under one cover are the views of those authorities who have contributed to the science and art of caring for critically ill patients It covers the molecular cellular physiologic clinical ethical and service delivery aspects of critical care medicine This revised edition includes a new section on renal nephrology as well as new chapters on heat stroke hypothermia transfusion therapy trauma care of the elderly mediators of multi organ failure in sepsis and gene therapy **Critical Care** Sherif Afifi, 2009 **The Medical Outcomes & Guidelines Sourcebook** , 1995 **Emergency First Care** Frank J. Poliafico, 1996 This emergency care manual offers a refreshing and effective new approach to helping non medical personnel develop the skills and confidence needed in the event of a serious illness or injury Not just another first aid book it prepares students to 1 recognize a possible emergency 2 decide to take action 3 make the Right Call to EMS and 4 provide appropriate life support measures which can minimize deterioration of a patient's condition until help arrives **Principles and Practice of Hospital Medicine** Sylvia C. McKean, 2012-04-19 The definitive guide to the knowledge and skills necessary to practice Hospital Medicine Presented in full color and enhanced by more than 700 illustrations this authoritative text provides a background in all the important clinical organizational and administrative areas now required for the practice of hospital medicine The goal of the book is provide trainees junior and senior clinicians and other professionals with a comprehensive resource that they can use to

improve care processes and performance in the hospitals that serve their communities Each chapter opens with boxed Key Clinical Questions that are addressed in the text and hundreds of tables encapsulate important information Case studies demonstrate how to apply the concepts covered in the text directly to the hospitalized patient Principles and Practice of Hospital Medicine is divided into six parts Systems of Care Introduces key issues in Hospital Medicine patient safety quality improvement leadership and practice management professionalism and medical ethics medical legal issues and risk management teaching and development Medical Consultation and Co Management Reviews core tenets of medical consultation preoperative assessment and management of post operative medical problems Clinical Problem Solving in Hospital Medicine Introduces principles of evidence based medicine quality of evidence interpretation of diagnostic tests systemic reviews and meta analysis and knowledge translations to clinical practice Approach to the Patient at the Bedside Details the diagnosis testing and initial management of common complaints that may either precipitate admission or arise during hospitalization Hospitalist Skills Covers the interpretation of common low tech tests that are routinely accessible on admission how to optimize the use of radiology services and the standardization of the execution of procedures routinely performed by some hospitalists Clinical Conditions Reflects the expanding scope of Hospital Medicine by including sections of Emergency Medicine Critical Care Geriatrics Neurology Palliative Care Pregnancy Psychiatry and Addiction and Wartime Medicine

2015 American Heart Association Guidelines, 2015 [Ethics in Emergency Medicine](#) Kenneth V. Iserson, Arthur Barry Sanders, Deborah Mathieu, 1995

- 1 General Introduction
- 2 Unique Aspects of Ethics in Emergency Medicine
- 3 Legal Setting of Emergency Medicine
- 4 What is Ethics
- 5 An Approach to Ethical Problems in Emergency Medicine
- 6 Autonomy and Informed Consent
- 7 Education and Research
- 8 Privacy and Confidentiality
- 9 Life Sustaining Treatment Emergency Department
- 10 Life Sustaining Treatment Prehospital
- 11 Professional Relations
- 12 Allocation of Health Care Resources
- 13 Quality of Care
- 14 Threatening Situations
- 15 Ethical Statements Overview

Appendix Prehospital Advance Directives

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Table of Contents Aha Cpr Guidelines

1. Understanding the eBook Aha Cpr Guidelines
 - The Rise of Digital Reading Aha Cpr Guidelines
 - Advantages of eBooks Over Traditional Books
2. Identifying Aha Cpr Guidelines
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Aha Cpr Guidelines
 - User-Friendly Interface
4. Exploring eBook Recommendations from Aha Cpr Guidelines
 - Personalized Recommendations
 - Aha Cpr Guidelines User Reviews and Ratings
 - Aha Cpr Guidelines and Bestseller Lists
5. Accessing Aha Cpr Guidelines Free and Paid eBooks
 - Aha Cpr Guidelines Public Domain eBooks

- Aha Cpr Guidelines eBook Subscription Services
- Aha Cpr Guidelines Budget-Friendly Options
- 6. Navigating Aha Cpr Guidelines eBook Formats
 - ePub, PDF, MOBI, and More
 - Aha Cpr Guidelines Compatibility with Devices
 - Aha Cpr Guidelines Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Aha Cpr Guidelines
 - Highlighting and Note-Taking Aha Cpr Guidelines
 - Interactive Elements Aha Cpr Guidelines
- 8. Staying Engaged with Aha Cpr Guidelines
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Aha Cpr Guidelines
- 9. Balancing eBooks and Physical Books Aha Cpr Guidelines
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Aha Cpr Guidelines
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Aha Cpr Guidelines
 - Setting Reading Goals Aha Cpr Guidelines
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Aha Cpr Guidelines
 - Fact-Checking eBook Content of Aha Cpr Guidelines
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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